



THE HIGHERSIDE CHAT

Episode #22: Martin Ball

1
00:00:16,269 --> 00:00:10,370
see the UN they in your church America

2
00:00:19,519 --> 00:00:16,279
that can you to call dragon who the USA

3
00:00:23,090 --> 00:00:19,529
America's the greatest land of all on a

4
00:00:25,790 --> 00:00:23,100
highway or a road along a levee for

5
00:00:29,929 --> 00:00:25,800
pharmacist leader nothing can beat her

6
00:01:19,700 --> 00:00:29,939
life is complete or in go make a day

7
00:01:23,730 --> 00:01:22,080
okay people today I'm psyched to be

8
00:01:25,770 --> 00:01:23,740
having a higher side chat with Martin

9
00:01:27,990 --> 00:01:25,780
ball he's the author of several books of

10
00:01:28,650 --> 00:01:28,000
our life and psychedelics such as being

11
00:01:31,650 --> 00:01:28,660
human

12
00:01:34,200 --> 00:01:31,660
mushroom wisdom and the in Theo genic

13
00:01:37,560 --> 00:01:34,210

evolution he also hosts a podcast by the

14

00:01:38,940 --> 00:01:37,570

same name Martin welcome to THC well

15

00:01:42,930 --> 00:01:38,950

thank you very much for having me here

16

00:01:45,150 --> 00:01:42,940

um can we start by telling the people

17

00:01:46,710 --> 00:01:45,160

how you got started with psychedelic

18

00:01:48,210 --> 00:01:46,720

compounds and how they've kind of

19

00:01:51,030 --> 00:01:48,220

affected your life and your outlook on

20

00:01:54,120 --> 00:01:51,040

reality okay Wow well that's sort of a

21

00:01:56,340 --> 00:01:54,130

long story but to make it short sure my

22

00:02:00,330 --> 00:01:56,350

first experience with what are called

23

00:02:02,940 --> 00:02:00,340

psychedelics or infusions was after my

24

00:02:05,910 --> 00:02:02,950

first year of college and I was home for

25

00:02:07,830 --> 00:02:05,920

the summer and going with some friends

26

00:02:09,870 --> 00:02:07,840

to a festival called gathering of the

27

00:02:11,970 --> 00:02:09,880

vibes in Northern California which was

28

00:02:14,940 --> 00:02:11,980

my first time ever going to a big

29

00:02:16,770 --> 00:02:14,950

festival like that I don't I open and

30

00:02:19,710 --> 00:02:16,780

actually as we were driving in to the

31

00:02:21,890 --> 00:02:19,720

event some guy was walking along the

32

00:02:26,370 --> 00:02:21,900

line of cars of people driving in

33

00:02:27,570 --> 00:02:26,380

distant room shrooms and the friend of

34

00:02:30,120 --> 00:02:27,580

mine who was driving the car

35

00:02:31,530 --> 00:02:30,130

you know leaned out as a guy hey come on

36

00:02:33,690 --> 00:02:31,540

over here and so he bought some

37

00:02:35,220 --> 00:02:33,700

mushrooms from this guy and you know

38

00:02:37,920 --> 00:02:35,230

looking back on it I think they were

39

00:02:39,449 --> 00:02:37,930

mostly just stems and quite sure how

40

00:02:40,890 --> 00:02:39,459

much was in the bag or anything that I'd

41

00:02:43,199 --> 00:02:40,900

never I'd never even seen a mushroom

42

00:02:45,000 --> 00:02:43,209

before I had no idea what they did so

43

00:02:46,290 --> 00:02:45,010

that was just my very first experience

44

00:02:48,540 --> 00:02:46,300

and I was kind of at the beginning of

45

00:02:50,610 --> 00:02:48,550

the summer so then I kind of got into it

46

00:02:52,710 --> 00:02:50,620

over the course of that summer and did

47

00:02:55,620 --> 00:02:52,720

mushrooms a few more times and was

48

00:02:58,830 --> 00:02:55,630

really amazed by the experiences but

49

00:03:02,030 --> 00:02:58,840

then shortly after that probably in the

50

00:03:04,250 --> 00:03:02,040

fall or winter following that summer

51
00:03:05,750 --> 00:03:04,260
I really started kind of breaking

52
00:03:08,270 --> 00:03:05,760
through into kind of psychedelic states

53
00:03:10,580 --> 00:03:08,280
of consciousness whenever something

54
00:03:12,800 --> 00:03:10,590
would remind me of my mushroom

55
00:03:15,860 --> 00:03:12,810
experiences so it would be anything from

56
00:03:18,050 --> 00:03:15,870
like seeing a pattern rug or looking at

57
00:03:19,399 --> 00:03:18,060
the shapes of leaves in the trees that

58
00:03:21,259 --> 00:03:19,409
it would just set me off and that

59
00:03:24,110 --> 00:03:21,269
actually was very uncomfortable for me

60
00:03:26,599 --> 00:03:24,120
at the time so sure there was a quite a

61
00:03:30,050 --> 00:03:26,609
time period there where I did not use

62
00:03:32,149 --> 00:03:30,060
any Indians because that was just really

63
00:03:33,619 --> 00:03:32,159

disturbing and I would really panic when

64

00:03:35,809 --> 00:03:33,629

that would happen and so my heart rates

65

00:03:38,899 --> 00:03:35,819

would increase and you know I would I

66

00:03:41,270 --> 00:03:38,909

ended up at a cardiologist and I was

67

00:03:42,890 --> 00:03:41,280

diagnosed heart murmur and stuff so I

68

00:03:44,629 --> 00:03:42,900

was really disturbed by the whole thing

69

00:03:47,240 --> 00:03:44,639

but you know looking back on it now I

70

00:03:48,770 --> 00:03:47,250

really realized that really I was kind

71

00:03:50,990 --> 00:03:48,780

of breaking through a lot of things and

72

00:03:52,909 --> 00:03:51,000

it just scared the crap out of me at the

73

00:03:55,280 --> 00:03:52,919

time because I didn't have any frame of

74

00:03:57,920 --> 00:03:55,290

reference for what was happening to me

75

00:04:00,229 --> 00:03:57,930

and sure so that's why I started with

76
00:04:01,789 --> 00:04:00,239
Indians was working with mushrooms and

77
00:04:04,339 --> 00:04:01,799
eventually I went back to working with

78
00:04:06,469 --> 00:04:04,349
mushrooms a couple years later and

79
00:04:09,740 --> 00:04:06,479
really had what I considered to be

80
00:04:13,759 --> 00:04:09,750
really profoundly impactful breakthrough

81
00:04:15,619 --> 00:04:13,769
experience probably I think that was the

82
00:04:17,270 --> 00:04:15,629
spring break of my first year of

83
00:04:20,509 --> 00:04:17,280
graduate school so this was now a few

84
00:04:22,939 --> 00:04:20,519
years later and that became a very

85
00:04:25,580 --> 00:04:22,949
foundational experience for me and

86
00:04:27,080 --> 00:04:25,590
really was the basis for writing my book

87
00:04:29,930 --> 00:04:27,090
mushroom and wisdom which I actually

88
00:04:32,390 --> 00:04:29,940

wrote about ten years after that event

89

00:04:34,159 --> 00:04:32,400

that particular event so I would work

90

00:04:37,909 --> 00:04:34,169

with mushrooms kind of off and on over

91

00:04:40,159 --> 00:04:37,919

the years generally that involved me

92

00:04:42,439 --> 00:04:40,169

traveling up to Oregon to see a friend

93

00:04:44,120 --> 00:04:42,449

of mine who lived up here and visiting

94

00:04:46,399 --> 00:04:44,130

him and going out into the redwoods and

95

00:04:47,089 --> 00:04:46,409

taking mushrooms with him so he's kind

96

00:04:51,980 --> 00:04:47,099

of my trip buddy

97

00:04:53,629 --> 00:04:51,990

and Sheriff um along the way um it was

98

00:04:57,409 --> 00:04:53,639

actually my first year Burning Man that

99

00:05:00,520 --> 00:04:57,419

was 2001 before I had I went to Burning

100

00:05:05,180 --> 00:05:00,530

Man I read this article in the LA Times

101
00:05:06,620 --> 00:05:05,190
about this crazy new psychedelic that

102
00:05:09,290 --> 00:05:06,630
people were getting interested in called

103
00:05:10,550 --> 00:05:09,300
salvia divinorum and how it was Li F and

104
00:05:12,200 --> 00:05:10,560
you could order it right off the

105
00:05:15,230 --> 00:05:12,210
internet and then they gave the website

106
00:05:15,740 --> 00:05:15,240
I was like wow this is great the here it

107
00:05:19,070 --> 00:05:15,750
is me

108
00:05:21,620 --> 00:05:19,080
LA Times fantastic so I ordered up some

109
00:05:25,460 --> 00:05:21,630
salvia divinorum from Daniel Sieberg at

110
00:05:27,050 --> 00:05:25,470
Sage wisdom and from there I had my

111
00:05:29,930 --> 00:05:27,060
first salvia experience at Burning Man

112
00:05:33,800 --> 00:05:29,940
and instantly just loved salvia I just

113
00:05:35,810 --> 00:05:33,810

it was just great I mean the first first

114

00:05:37,850 --> 00:05:35,820

couple hits I took uh you know I read

115

00:05:39,620 --> 00:05:37,860

that this is really strong it comes on

116

00:05:41,930 --> 00:05:39,630

really fast so I took some really timid

117

00:05:44,360 --> 00:05:41,940

hits at the very very beginning of that

118

00:05:45,890 --> 00:05:44,370

and nothing really happened so then you

119

00:05:48,170 --> 00:05:45,900

know I kind of packed another bowl and I

120

00:05:51,140 --> 00:05:48,180

took a big hit and then it just happened

121

00:05:54,500 --> 00:05:51,150

to salvia happened and I loved it it was

122

00:05:56,030 --> 00:05:54,510

just so fantastic which later I was to

123

00:05:59,060 --> 00:05:56,040

learn that actually terrifies most

124

00:06:00,470 --> 00:05:59,070

people and that's yeah most people who

125

00:06:02,060 --> 00:06:00,480

have their first healthy experience

126

00:06:04,490 --> 00:06:02,070

swear that they'll never go back to it

127

00:06:07,670 --> 00:06:04,500

again but I was just so empowered I was

128

00:06:10,340 --> 00:06:07,680

so jazzed oh this is great is so great

129

00:06:15,560 --> 00:06:10,350

so overpass salvia for a few years I'm

130

00:06:17,210 --> 00:06:15,570

starting in 2001 and for a long time it

131

00:06:20,300 --> 00:06:17,220

really my only experience with entheogen

132

00:06:24,080 --> 00:06:20,310

s-- was mushrooms and salvia divinorum

133

00:06:26,690 --> 00:06:24,090

and also in that time period I started

134

00:06:28,040 --> 00:06:26,700

writing kind of on a whim I just decided

135

00:06:31,850 --> 00:06:28,050

that I wanted to write my own fantasy

136

00:06:34,190 --> 00:06:31,860

epic so I did and that ended up being

137

00:06:36,710 --> 00:06:34,200

four books long and at the end of app

138

00:06:38,780 --> 00:06:36,720

after I wrote those books I realized

139

00:06:40,880 --> 00:06:38,790

that I really had put everything that I

140

00:06:43,100 --> 00:06:40,890

had learned from entheogen into those

141

00:06:44,930 --> 00:06:43,110

four novels and so I thought well maybe

142

00:06:47,420 --> 00:06:44,940

I could extract some of this information

143

00:06:49,820 --> 00:06:47,430

and write a little book about what

144

00:06:52,909 --> 00:06:49,830

spirituality and entheogen means to me

145

00:06:55,310 --> 00:06:52,919

and that was then the product of my book

146

00:06:56,390 --> 00:06:55,320

mushroom wisdom came out of that so

147

00:06:59,120 --> 00:06:56,400

that's when I first really started

148

00:07:00,590 --> 00:06:59,130

writing explicitly about infusions and

149

00:07:03,710 --> 00:07:00,600

then after that I published a book on

150

00:07:08,450 --> 00:07:03,720

sage R on salvia divinorum called sage

151
00:07:12,020 --> 00:07:08,460
spirit and yeah so that's kind of how I

152
00:07:13,790 --> 00:07:12,030
got started in the field also I should

153
00:07:16,760 --> 00:07:13,800
emphasize that when I was a graduate

154
00:07:18,830 --> 00:07:16,770
student I was in religious studies so

155
00:07:20,840 --> 00:07:18,840
right yeah that's what I was gonna ask

156
00:07:23,839 --> 00:07:20,850
you how that how it shaped because your

157
00:07:25,190 --> 00:07:23,849
opinion going in college had to be quite

158
00:07:28,370 --> 00:07:25,200
different I would assume once you

159
00:07:29,480 --> 00:07:28,380
started doing mushrooms and salvia yeah

160
00:07:32,390 --> 00:07:29,490
well I I was

161
00:07:34,730 --> 00:07:32,400
um I was a philosophy major as an

162
00:07:39,800 --> 00:07:34,740
undergraduate and actually before I was

163
00:07:41,689 --> 00:07:39,810

a philosophy major my split was am I

164

00:07:43,400 --> 00:07:41,699

going to go into physics or am I going

165

00:07:45,020 --> 00:07:43,410

to go into philosophy that I knew from

166

00:07:46,610 --> 00:07:45,030

high school that I was really interested

167

00:07:48,290 --> 00:07:46,620

in both those subjects I was fairly

168

00:07:51,140 --> 00:07:48,300

proficient in calculus and things like

169

00:07:54,499 --> 00:07:51,150

that so I really felt that I could go in

170

00:07:56,510 --> 00:07:54,509

either direction and at the beginning of

171

00:07:58,670 --> 00:07:56,520

college I just found that I was so

172

00:08:00,499 --> 00:07:58,680

enthusiastic about my philosophy classes

173

00:08:04,339 --> 00:08:00,509

oh okay I'll be a philosophy major and

174

00:08:05,779 --> 00:08:04,349

then after a couple years of that I got

175

00:08:07,129 --> 00:08:05,789

more and more interested in religious

176

00:08:08,510 --> 00:08:07,139

studies because I found that in

177

00:08:11,089 --> 00:08:08,520

philosophy I was really just getting

178

00:08:12,350 --> 00:08:11,099

dead white guys from Europe which was

179

00:08:13,969 --> 00:08:12,360

great there's a lot of interesting

180

00:08:15,529 --> 00:08:13,979

information there but I was just more

181

00:08:17,719 --> 00:08:15,539

curious than that but I wanted to see

182

00:08:19,760 --> 00:08:17,729

what else is out there so I ended up

183

00:08:23,300 --> 00:08:19,770

going into religious studies and then as

184

00:08:24,860 --> 00:08:23,310

a graduate student I emphasized Native

185

00:08:26,930 --> 00:08:24,870

American traditions I actually did my

186

00:08:29,300 --> 00:08:26,940

PhD dissertation living at the Mescalero

187

00:08:31,420 --> 00:08:29,310

Apache reservation in New Mexico so

188

00:08:34,069 --> 00:08:31,430

Native American tradition house

189

00:08:36,110 --> 00:08:34,079

shamanism comparative mysticism and the

190

00:08:38,300 --> 00:08:36,120

philosophy of science and religion those

191

00:08:41,329 --> 00:08:38,310

were really my main areas as a graduate

192

00:08:43,279 --> 00:08:41,339

student so it's kind of kind of my own

193

00:08:44,600 --> 00:08:43,289

personal seeking was going on at the

194

00:08:47,150 --> 00:08:44,610

same time that I was doing all these

195

00:08:49,100 --> 00:08:47,160

academic studies and really just reading

196

00:08:52,819 --> 00:08:49,110

a lot studying a lot I mean being a

197

00:08:54,620 --> 00:08:52,829

graduate student at UCSB was really kind

198

00:08:57,500 --> 00:08:54,630

of horrendous you know I would just read

199

00:08:59,090 --> 00:08:57,510

Sharyl much so much studying and reading

200

00:09:01,190 --> 00:08:59,100

and then studying languages I studied

201

00:09:04,250 --> 00:09:01,200

Sanskrit for a while I taught myself

202

00:09:05,720 --> 00:09:04,260

Navajo so that I could learn Apache when

203

00:09:07,519 --> 00:09:05,730

I went to the Apache reservation because

204

00:09:09,949 --> 00:09:07,529

there's no materials on learning Apache

205

00:09:12,920 --> 00:09:09,959

so quite an experience being a graduate

206

00:09:15,019 --> 00:09:12,930

student and all the while kind of on the

207

00:09:16,670 --> 00:09:15,029

side doing my thing with the with the

208

00:09:18,710 --> 00:09:16,680

medicines and then reading up on it

209

00:09:21,860 --> 00:09:18,720

within the area of religious studies as

210

00:09:22,910 --> 00:09:21,870

much as I could but at that time you

211

00:09:25,639 --> 00:09:22,920

know there's actually a lot more

212

00:09:27,230 --> 00:09:25,649

material is available now that was out

213

00:09:29,540 --> 00:09:27,240

of a period where there were some

214

00:09:32,120 --> 00:09:29,550

materials on ethnobotany so some

215

00:09:33,710 --> 00:09:32,130

interesting things out there but not a

216

00:09:36,710 --> 00:09:33,720

whole lot written on the connection

217

00:09:39,019 --> 00:09:36,720

between religion especially the the main

218

00:09:41,030 --> 00:09:39,029

religions and possible connections to

219

00:09:42,809 --> 00:09:41,040

entheogen and things like that so the

220

00:09:45,569 --> 00:09:42,819

field has shifted quite a bit by this

221

00:09:47,639 --> 00:09:45,579

anytime right anyway that's my sort of

222

00:09:49,229 --> 00:09:47,649

long story short but I guess I only ever

223

00:09:51,629 --> 00:09:49,239

loved it but I thought I'd give you a

224

00:09:54,029 --> 00:09:51,639

chance to ask a question no that's cool

225

00:09:55,919 --> 00:09:54,039

um well you know I just got done reading

226

00:09:58,619 --> 00:09:55,929

uh being human which I thought was

227

00:10:00,239 --> 00:09:58,629

pretty eye-opening um but on the subject

228

00:10:02,340 --> 00:10:00,249

of religion you start off in that book

229

00:10:05,489 --> 00:10:02,350

by explaining away most traditional

230

00:10:07,889 --> 00:10:05,499

views of God has false projections of

231

00:10:09,179 --> 00:10:07,899

our own ego and I think most people

232

00:10:12,629 --> 00:10:09,189

listening would probably agree with that

233

00:10:15,269 --> 00:10:12,639

but I mean do you think these God is

234

00:10:16,949 --> 00:10:15,279

like God is king concepts do you think

235

00:10:18,840 --> 00:10:16,959

they were born out of our collective

236

00:10:21,079 --> 00:10:18,850

ignorance and a fear of death or do you

237

00:10:24,479 --> 00:10:21,089

think they're more sinister like a

238

00:10:26,189 --> 00:10:24,489

orchestrated perversion to control

239

00:10:28,409 --> 00:10:26,199

society no no no it's just a natural

240

00:10:29,939 --> 00:10:28,419

byproduct of the ego you know the ego

241

00:10:32,159 --> 00:10:29,949

formulates all different kinds of ways

242

00:10:34,919 --> 00:10:32,169

of conceptualizing whatever it wants to

243

00:10:37,229 --> 00:10:34,929

think is sacred and that just happens to

244

00:10:39,629 --> 00:10:37,239

be one kind of formulation that became

245

00:10:41,309 --> 00:10:39,639

very predominant within first Middle

246

00:10:43,259 --> 00:10:41,319

Eastern societies and then spread

247

00:10:44,759 --> 00:10:43,269

through Hellenic and Greek culture and

248

00:10:46,769 --> 00:10:44,769

then Roman culture and then kind of

249

00:10:49,079 --> 00:10:46,779

infected all of European culture this

250

00:10:51,019 --> 00:10:49,089

idea of God is king I mean there is a

251

00:10:53,399 --> 00:10:51,029

lot of different ideas around before

252

00:10:56,689 --> 00:10:53,409

Christianity and Judaism and sort of

253

00:10:59,519 --> 00:10:56,699

their monotheistic view of this all

254

00:11:02,009 --> 00:10:59,529

transcendent all-powerful male God that

255

00:11:03,479 --> 00:11:02,019

ultimately gets pissed off a lot and has

256

00:11:05,579 --> 00:11:03,489

a lot of rules but that's all a

257

00:11:06,899 --> 00:11:05,589

projection of the ego just like all all

258

00:11:08,519 --> 00:11:06,909

the different formulations are the

259

00:11:10,439 --> 00:11:08,529

various gods and goddesses they're all

260

00:11:13,529 --> 00:11:10,449

just formulations of the ego they set up

261

00:11:17,039 --> 00:11:13,539

a dualistic experience between someone

262

00:11:19,349 --> 00:11:17,049

who is feeling separate and isolated and

263

00:11:21,269 --> 00:11:19,359

then projecting outward some notion of

264

00:11:23,879 --> 00:11:21,279

some kind of transcendent other that

265

00:11:25,199 --> 00:11:23,889

they can look to and it just becomes a

266

00:11:26,969 --> 00:11:25,209

way that people formulate their

267

00:11:28,949 --> 00:11:26,979

identities and their sense of being in

268

00:11:31,199 --> 00:11:28,959

the world so I don't think that there's

269

00:11:34,259 --> 00:11:31,209

anything necessarily nefarious about it

270

00:11:37,949 --> 00:11:34,269

certainly it plays in really well with

271

00:11:40,379 --> 00:11:37,959

the male masculine hegemonic power and

272

00:11:41,999 --> 00:11:40,389

you know patriarchal domination if it

273

00:11:45,419 --> 00:11:42,009

fits great and it you know serves

274

00:11:46,590 --> 00:11:45,429

society and had capacity um girl she's

275

00:11:49,319 --> 00:11:46,600

gotta think it's something we just

276

00:11:51,840 --> 00:11:49,329

stumbled into yeah essentially it's just

277

00:11:53,309 --> 00:11:51,850

one of various possibilities um you know

278

00:11:55,949 --> 00:11:53,319

it's it's just such a natural reaction

279

00:11:56,580 --> 00:11:55,959

like take Buddhism for example so early

280

00:12:00,230 --> 00:11:56,590

Buddhism

281

00:12:02,670 --> 00:12:00,240

buuut is really really clear he says

282

00:12:04,950 --> 00:12:02,680

look I'm not a God

283

00:12:06,990 --> 00:12:04,960

don't be worshipping me don't be praying

284

00:12:09,300 --> 00:12:07,000

to me don't be looking I need to solve

285

00:12:11,820 --> 00:12:09,310

all your problems and you know I'm just

286

00:12:13,530 --> 00:12:11,830

a man who has figured out the nature of

287

00:12:15,960 --> 00:12:13,540

reality and guess what it's non-dual

288

00:12:17,850 --> 00:12:15,970

folks it's there really is no such thing

289

00:12:19,650 --> 00:12:17,860

as an individual self that whatever it

290

00:12:21,900 --> 00:12:19,660

is that you think you are that's not you

291

00:12:25,050 --> 00:12:21,910

that was kind of buddha's main message

292

00:12:26,940 --> 00:12:25,060

and also sure we produce our own

293

00:12:29,370 --> 00:12:26,950

suffering our own unhappiness by the

294

00:12:31,650 --> 00:12:29,380

confusion of our ego so there buddha was

295

00:12:34,829 --> 00:12:31,660

really right on and he made it very

296

00:12:36,540 --> 00:12:34,839

clear that when he was dead he was gone

297

00:12:38,310 --> 00:12:36,550

and he's not someone that people should

298

00:12:40,980 --> 00:12:38,320

be praying to or something like that but

299

00:12:42,630 --> 00:12:40,990

then you know some 500 years later we

300

00:12:44,970 --> 00:12:42,640

get these developments of mahayana

301

00:12:48,210 --> 00:12:44,980

buddhism which is altering vary greatly

302

00:12:50,760 --> 00:12:48,220

from early original buddhism which now

303

00:12:52,710 --> 00:12:50,770

develops sort of this do-gooder kind of

304

00:12:55,260 --> 00:12:52,720

attitude which is also an expression of

305

00:12:57,060 --> 00:12:55,270

the ego but when you convince yourself

306

00:12:58,890 --> 00:12:57,070

that oh i have to help everybody else

307

00:13:00,840 --> 00:12:58,900

well that's still a construction of your

308

00:13:03,990 --> 00:13:00,850

own sense of self and still exertion of

309

00:13:07,440 --> 00:13:04,000

your ego and within that manifestation

310

00:13:09,300 --> 00:13:07,450

of this new form of buddhism suddenly

311

00:13:11,400 --> 00:13:09,310

buddha's turned into a god-like figure

312

00:13:13,320 --> 00:13:11,410

now suddenly he's someone you can pray

313

00:13:15,270 --> 00:13:13,330

to any heisel he lives in these heavenly

314

00:13:17,610 --> 00:13:15,280

realms and he has these pure paradises

315

00:13:19,079 --> 00:13:17,620

and if you pray to these different

316

00:13:21,030 --> 00:13:19,089

buddhas you can be reborn in these

317

00:13:23,090 --> 00:13:21,040

paradises and then actually there's

318

00:13:25,800 --> 00:13:23,100

certain forms of Buddhism that say in

319

00:13:27,390 --> 00:13:25,810

total contradiction to early buddhism

320

00:13:28,650 --> 00:13:27,400

where buddha said if you want to be

321

00:13:31,800 --> 00:13:28,660

enlightened you have to do it yourself

322

00:13:33,329 --> 00:13:31,810

you have to focus your mind and you have

323

00:13:35,010 --> 00:13:33,339

to figure it out and ultimately you have

324

00:13:37,200 --> 00:13:35,020

to do it on your own no one can do it

325

00:13:40,140 --> 00:13:37,210

for you but then later buddhism like

326

00:13:42,120 --> 00:13:40,150

Pure Land Buddhism says oh we lived in

327

00:13:44,250 --> 00:13:42,130

such a degenerate age that we are

328

00:13:46,590 --> 00:13:44,260

powerless and so we have to turn to a

329

00:13:48,540 --> 00:13:46,600

deity that's transcendent and beyond us

330

00:13:50,550 --> 00:13:48,550

and pray and worship that deity so that

331

00:13:54,120 --> 00:13:50,560

we can be reborn and that Dee Dee's

332

00:13:56,460 --> 00:13:54,130

paradise and so here in Buddhism this is

333

00:13:58,560 --> 00:13:56,470

this ego movement away from really the

334

00:14:00,240 --> 00:13:58,570

stark reality the Buddha was talking

335

00:14:02,699 --> 00:14:00,250

about that hey it's up to you and

336

00:14:04,350 --> 00:14:02,709

there's no real gods the way that you

337

00:14:06,570 --> 00:14:04,360

think of them involved here - suddenly

338

00:14:08,790 --> 00:14:06,580

Buddha gets transformed and morphed into

339

00:14:11,129 --> 00:14:08,800

this all-powerful male

340

00:14:13,319 --> 00:14:11,139

kind of figure it's a little bit more

341

00:14:15,600 --> 00:14:13,329

abstract than that but it's the workings

342

00:14:18,749 --> 00:14:15,610

of the ego and it alters the tradition

343

00:14:21,780 --> 00:14:18,759

so it's it's just the way that egos work

344

00:14:24,030 --> 00:14:21,790

that it it tends to be easier for an ego

345

00:14:25,410 --> 00:14:24,040

to form a sense of identity if it thinks

346

00:14:26,910 --> 00:14:25,420

that there's some all-powerful force

347

00:14:28,889 --> 00:14:26,920

outside of it that it can put its

348

00:14:31,439 --> 00:14:28,899

allegiance into and put its belief into

349

00:14:33,720 --> 00:14:31,449

and it it makes things easier for

350

00:14:36,809 --> 00:14:33,730

certain aspects of the ego to have

351
00:14:40,289 --> 00:14:36,819
conceptions like that so you know really

352
00:14:42,629 --> 00:14:40,299
true lawn duel traditions are something

353
00:14:44,879 --> 00:14:42,639
that's very very rare in human culture

354
00:14:48,509 --> 00:14:44,889
and most human cultures would much

355
00:14:50,850 --> 00:14:48,519
rather prefer to worship a transcendent

356
00:14:53,729 --> 00:14:50,860
deity that exists outside of the self in

357
00:14:55,979 --> 00:14:53,739
some sense because it's easier for the

358
00:14:57,389 --> 00:14:55,989
ego so that's why that's the

359
00:14:59,309 --> 00:14:57,399
predominance in terms of religious

360
00:15:02,340 --> 00:14:59,319
constructions around the world that we

361
00:15:06,359 --> 00:15:02,350
see it's very rare that you find the

362
00:15:08,789 --> 00:15:06,369
individuals like Buddha or perhaps Lao

363
00:15:10,739 --> 00:15:08,799

Tzu in Taoism that says hey you know

364

00:15:12,509 --> 00:15:10,749

guess guess what it's actually you and

365

00:15:14,280 --> 00:15:12,519

so you got to figure out who you are and

366

00:15:17,069 --> 00:15:14,290

you can't be looking to other people -

367

00:15:18,989 --> 00:15:17,079

or other entities or forces to solve

368

00:15:20,579 --> 00:15:18,999

that for you because that's ultimately

369

00:15:24,660 --> 00:15:20,589

an illusion it's a projection that

370

00:15:27,689 --> 00:15:24,670

you're creating right no that's fair I

371

00:15:29,789 --> 00:15:27,699

mean I totally uh you know I totally

372

00:15:32,970 --> 00:15:29,799

think that people seek that out I just

373

00:15:35,850 --> 00:15:32,980

kind of think that there's forces at

374

00:15:38,220 --> 00:15:35,860

play that take advantage of the fet of

375

00:15:41,220 --> 00:15:38,230

the knowledge that we sort of seek out

376

00:15:43,289 --> 00:15:41,230

some Savior yeah but that's human that's

377

00:15:45,119 --> 00:15:43,299

human nature that's the ego as well that

378

00:15:49,019 --> 00:15:45,129

the ego is always going to use whatever

379

00:15:52,109 --> 00:15:49,029

tools that it has at its disposal - its

380

00:15:54,809 --> 00:15:52,119

perceived or imagined advantage I mean

381

00:15:57,600 --> 00:15:54,819

that it's just what people do so and

382

00:15:59,249 --> 00:15:57,610

coming to my own sense of realization

383

00:16:01,409 --> 00:15:59,259

that I really let go of all kind of

384

00:16:03,419 --> 00:16:01,419

judgment I'm certainly very discerning

385

00:16:05,069 --> 00:16:03,429

so I make very strong distinctions

386

00:16:07,109 --> 00:16:05,079

between what I say is fantasy and what

387

00:16:09,259 --> 00:16:07,119

is reality but within that I really

388

00:16:11,729 --> 00:16:09,269

don't hold any judgment it ultimately

389

00:16:14,009 --> 00:16:11,739

from my perspective now I really

390

00:16:16,470 --> 00:16:14,019

appreciate the fact that humanity is

391

00:16:18,509 --> 00:16:16,480

deeply deeply deeply confused and

392

00:16:21,809 --> 00:16:18,519

because of that it makes all kinds of

393

00:16:22,680 --> 00:16:21,819

choices that are far from optimal but

394

00:16:24,330 --> 00:16:22,690

within that

395

00:16:26,580 --> 00:16:24,340

people generally they're just trying to

396

00:16:27,690 --> 00:16:26,590

do whatever it is that they can and we

397

00:16:30,990 --> 00:16:27,700

can't really blame people for taking

398

00:16:33,210 --> 00:16:31,000

advantage of ego delusion because egos

399

00:16:34,350 --> 00:16:33,220

make it so easy so it's kind of like

400

00:16:36,390 --> 00:16:34,360

you're asking for it if you're gonna

401
00:16:37,710 --> 00:16:36,400
play the game you're gonna have to play

402
00:16:39,480 --> 00:16:37,720
the game and it doesn't matter if you

403
00:16:43,470 --> 00:16:39,490
like the rules or not because you're

404
00:16:45,240 --> 00:16:43,480
good yeah no that's good um another

405
00:16:48,390 --> 00:16:45,250
thing I really liked about being human

406
00:16:50,130 --> 00:16:48,400
in terms of your sort of philosophy it's

407
00:16:51,330 --> 00:16:50,140
kind of interesting because when it

408
00:16:53,130 --> 00:16:51,340
comes to your views on death you

409
00:16:54,990 --> 00:16:53,140
basically share the same opinion as an

410
00:16:57,930 --> 00:16:55,000
atheist and that you pretty much just go

411
00:16:59,940 --> 00:16:57,940
away but you're also of the idea that

412
00:17:03,000 --> 00:16:59,950
God is an intelligent being responsible

413
00:17:04,559 --> 00:17:03,010

for creating the universe so that's kind

414

00:17:07,380 --> 00:17:04,569

of funny that you incorporate both of

415

00:17:09,569 --> 00:17:07,390

those views well I want to be really

416

00:17:11,670 --> 00:17:09,579

specific about it that it's not that God

417

00:17:14,130 --> 00:17:11,680

created the universe God is the universe

418

00:17:16,110 --> 00:17:14,140

is the honors correct reality itself God

419

00:17:18,900 --> 00:17:16,120

is everything that exists so that means

420

00:17:21,929 --> 00:17:18,910

God is you and God is me and that that's

421

00:17:23,970 --> 00:17:21,939

what we are so our sense of being an

422

00:17:26,100 --> 00:17:23,980

individual perspective is something that

423

00:17:28,650 --> 00:17:26,110

I now fully understand is dependent upon

424

00:17:30,630 --> 00:17:28,660

the fact that consciousness is being

425

00:17:32,580 --> 00:17:30,640

processed through a physical body so

426

00:17:35,250 --> 00:17:32,590

once the physical body is gone that

427

00:17:37,860 --> 00:17:35,260

individual sense of perspective simply

428

00:17:40,140 --> 00:17:37,870

doesn't have anywhere to adhere its so

429

00:17:43,340 --> 00:17:40,150

it essentially vanishes but within that

430

00:17:45,630 --> 00:17:43,350

so from your individual perspective

431

00:17:50,640 --> 00:17:45,640

paradoxically your life will seem to

432

00:17:53,460 --> 00:17:50,650

come to an end at some point however you

433

00:17:55,230 --> 00:17:53,470

actually are God you are all of reality

434

00:17:57,330 --> 00:17:55,240

so all of reality isn't going to

435

00:17:58,710 --> 00:17:57,340

disappear when you die all the rest of

436

00:18:01,080 --> 00:17:58,720

us are still going to be here and that's

437

00:18:02,280 --> 00:18:01,090

actually you so just the physical body

438

00:18:04,920 --> 00:18:02,290

has gone in the perspective that

439

00:18:07,350 --> 00:18:04,930

associated and is generated from the

440

00:18:09,090 --> 00:18:07,360

reality of that physical body that now

441

00:18:11,970 --> 00:18:09,100

dissolves there's nowhere for that to

442

00:18:14,580 --> 00:18:11,980

adhere to anymore so essentially yes

443

00:18:16,680 --> 00:18:14,590

death is the end but our whole

444

00:18:19,860 --> 00:18:16,690

experience of time is ultimately just a

445

00:18:21,720 --> 00:18:19,870

paradox because given that there is only

446

00:18:24,000 --> 00:18:21,730

one being and that one being is

447

00:18:28,710 --> 00:18:24,010

everything that means that we actually

448

00:18:31,860 --> 00:18:28,720

are eternal and immortal but from that

449

00:18:34,590 --> 00:18:31,870

unitary perspective that also is the

450

00:18:36,330 --> 00:18:34,600

equivalent to no time at all eternity

451
00:18:38,850 --> 00:18:36,340
and no time

452
00:18:42,030 --> 00:18:38,860
and in infinity and nothing those are

453
00:18:44,040 --> 00:18:42,040
all the same thing ultimately so from

454
00:18:46,710 --> 00:18:44,050
that perspective there's nothing

455
00:18:48,270 --> 00:18:46,720
happening it's only within our embodied

456
00:18:49,680 --> 00:18:48,280
perspective that we perceive or

457
00:18:51,360 --> 00:18:49,690
experience anything is happening so

458
00:18:53,610 --> 00:18:51,370
without the body we don't have a sense

459
00:18:55,590 --> 00:18:53,620
of time anymore so then there's nothing

460
00:18:57,270 --> 00:18:55,600
happening but it's happening forever so

461
00:19:00,840 --> 00:18:57,280
it's ultimately it's a paradox in that

462
00:19:03,480 --> 00:19:00,850
sense ok so basically I mean would you

463
00:19:05,280 --> 00:19:03,490

say what do you think of the out-of-body

464

00:19:07,350 --> 00:19:05,290

experience or astral projection you

465

00:19:08,700 --> 00:19:07,360

think those are just illusionary as well

466

00:19:11,370 --> 00:19:08,710

yes absolutely

467

00:19:13,140 --> 00:19:11,380

ok uh uh when you know in speaking about

468

00:19:15,900 --> 00:19:13,150

infusions but I like to do is kind of

469

00:19:18,000 --> 00:19:15,910

correct the language that people don't

470

00:19:21,090 --> 00:19:18,010

have out-of-body experiences they have

471

00:19:22,800 --> 00:19:21,100

beyond the body experiences but for the

472

00:19:24,960 --> 00:19:22,810

most part those are energetic

473

00:19:27,420 --> 00:19:24,970

constructions that they're making within

474

00:19:29,640 --> 00:19:27,430

their own consciousness as a projected

475

00:19:31,410 --> 00:19:29,650

experience and in that sense it's very

476

00:19:33,020 --> 00:19:31,420

similar to what occurs when we're having

477

00:19:36,150 --> 00:19:33,030

a dream it's like when you're dreaming

478

00:19:39,270 --> 00:19:36,160

you perceive yourself generally from the

479

00:19:41,700 --> 00:19:39,280

perspective of a body in an environment

480

00:19:45,090 --> 00:19:41,710

with other objects and other beings and

481

00:19:47,610 --> 00:19:45,100

so your dream ultimately seems very real

482

00:19:52,500 --> 00:19:47,620

in the sense that it's populated by

483

00:19:55,110 --> 00:19:52,510

other people other beings and all kinds

484

00:19:56,760 --> 00:19:55,120

of physical objects and it also seems to

485

00:19:58,110 --> 00:19:56,770

obey the rules of gravity mean most of

486

00:19:59,850 --> 00:19:58,120

the time in our dreams were not flying

487

00:20:01,800 --> 00:19:59,860

around sometimes we do but most the time

488

00:20:04,140 --> 00:20:01,810

we're walking around and everything is

489

00:20:05,790 --> 00:20:04,150

perfectly normal and if suddenly we find

490

00:20:07,500 --> 00:20:05,800

ourselves breathing underwater we're

491

00:20:09,840 --> 00:20:07,510

usually pretty surprising oh crap I

492

00:20:11,760 --> 00:20:09,850

can't do that breathing underwater so

493

00:20:14,160 --> 00:20:11,770

most of the normal rules of reality tend

494

00:20:17,430 --> 00:20:14,170

to hold together in a dream and within

495

00:20:19,200 --> 00:20:17,440

the dream we associate as our own

496

00:20:21,060 --> 00:20:19,210

particular character from our

497

00:20:24,210 --> 00:20:21,070

perspective within our body within the

498

00:20:26,120 --> 00:20:24,220

dream however the entire dream is a

499

00:20:28,590 --> 00:20:26,130

projection of your own private

500

00:20:31,230 --> 00:20:28,600

individual mind there's nothing in the

501
00:20:33,360 --> 00:20:31,240
dream that isn't you even though you

502
00:20:36,600 --> 00:20:33,370
perceive yourself as an individual body

503
00:20:38,430 --> 00:20:36,610
in an exterior environment that exterior

504
00:20:39,630 --> 00:20:38,440
environment is just as much you as the

505
00:20:42,810 --> 00:20:39,640
body that you're projecting yourself

506
00:20:45,110 --> 00:20:42,820
being in within the dream so for me

507
00:20:47,040 --> 00:20:45,120
out-of-body experiences I've never

508
00:20:49,710 --> 00:20:47,050
encountered anyone who's been able to

509
00:20:51,180 --> 00:20:49,720
convince me that what it is that they

510
00:20:53,040 --> 00:20:51,190
claim that they're experiencing is not

511
00:20:54,990 --> 00:20:53,050
just a projection of themselves and

512
00:20:57,360 --> 00:20:55,000
usually when you really get down to

513
00:20:59,340 --> 00:20:57,370

people's specific individual details of

514

00:21:01,590 --> 00:20:59,350

what it is the experience it's fairly

515

00:21:03,720 --> 00:21:01,600

easy to analyze how its projection of

516

00:21:06,510 --> 00:21:03,730

their egos and sometimes I mean it's

517

00:21:08,790 --> 00:21:06,520

really kind of shockingly easy so yeah

518

00:21:11,370 --> 00:21:08,800

I've never been convinced by anybody's

519

00:21:13,770 --> 00:21:11,380

account because I can always see the ego

520

00:21:16,200 --> 00:21:13,780

at work and I would also add that that's

521

00:21:17,730 --> 00:21:16,210

that's my perspective now this has not

522

00:21:19,530 --> 00:21:17,740

always been my perspective that this

523

00:21:24,560 --> 00:21:19,540

right I went through fundamental

524

00:21:27,690 --> 00:21:24,570

transformation um in started really in

525

00:21:31,740 --> 00:21:27,700

late 2007 and kind of finished up in

526

00:21:33,630 --> 00:21:31,750

spring of 2009 and since that time my

527

00:21:36,240 --> 00:21:33,640

own perspective has been extraordinary

528

00:21:37,920 --> 00:21:36,250

clear on these matters and so four

529

00:21:39,510 --> 00:21:37,930

things that for me used to be below I

530

00:21:41,250 --> 00:21:39,520

don't know that might be true that's so

531

00:21:43,710 --> 00:21:41,260

fascinating it's just not the case

532

00:21:46,350 --> 00:21:43,720

anymore that having found my own clarity

533

00:21:50,190 --> 00:21:46,360

it just is just very clear to me it's

534

00:21:52,110 --> 00:21:50,200

either ego or it's reality and so for me

535

00:21:53,970 --> 00:21:52,120

there really isn't any middle ground so

536

00:21:55,890 --> 00:21:53,980

I have very high standards for that and

537

00:21:57,690 --> 00:21:55,900

I know that they can be very challenging

538

00:22:00,150 --> 00:21:57,700

for people to encounter what I have to

539

00:22:05,940 --> 00:22:00,160

say because it seems very authoritative

540

00:22:07,860 --> 00:22:05,950

and very very insistent and sometimes I

541

00:22:10,170 --> 00:22:07,870

might appear not to be open to people's

542

00:22:12,330 --> 00:22:10,180

ideas but it's because I've explored in

543

00:22:13,440 --> 00:22:12,340

that things yeah I bet florid all of

544

00:22:15,750 --> 00:22:13,450

this myself and these are the

545

00:22:17,400 --> 00:22:15,760

conclusions that I've reached and the

546

00:22:22,680 --> 00:22:17,410

only way I could be convinced otherwise

547

00:22:24,750 --> 00:22:22,690

is if my experience somehow shifted to

548

00:22:27,660 --> 00:22:24,760

where I'd say oh wow look at that but

549

00:22:31,380 --> 00:22:27,670

you know I've I've gone to the end and

550

00:22:33,420 --> 00:22:31,390

it's just me it's always been me that's

551
00:22:34,770 --> 00:22:33,430
just the conclusion that I've arrived at

552
00:22:36,750 --> 00:22:34,780
and so that's what I'm sharing with

553
00:22:38,940 --> 00:22:36,760
other people and doing my best to

554
00:22:40,920 --> 00:22:38,950
explain how that works and why it works

555
00:22:44,520 --> 00:22:40,930
the way that it does and what it means

556
00:22:46,920 --> 00:22:44,530
for us as human beings yeah I mean it

557
00:22:49,020 --> 00:22:46,930
makes sense to me I'm I'm still figuring

558
00:22:51,120 --> 00:22:49,030
stuff out like I basically I'm not

559
00:22:52,200 --> 00:22:51,130
convinced of anything yet like before I

560
00:22:54,420 --> 00:22:52,210
did salvia

561
00:22:57,510 --> 00:22:54,430
I was definitely a pretty hardcore

562
00:22:59,730 --> 00:22:57,520
atheist and to me it was like I did not

563
00:23:02,190 --> 00:22:59,740

expect salvia to be what it was I

564

00:23:03,630 --> 00:23:02,200

actually kind of thought it was a milder

565

00:23:05,669 --> 00:23:03,640

marijuana and

566

00:23:08,430 --> 00:23:05,679

terms will be here probably the prior

567

00:23:10,470 --> 00:23:08,440

yeah it was legal so I just I had a

568

00:23:12,240 --> 00:23:10,480

friend from out of town it was legal in

569

00:23:14,010 --> 00:23:12,250

the state in California and he's like oh

570

00:23:15,690 --> 00:23:14,020

let's try it I'm like alright I've tried

571

00:23:17,430 --> 00:23:15,700

it before just feels like spinning in an

572

00:23:19,830 --> 00:23:17,440

office chair it's nothing and all of a

573

00:23:22,710 --> 00:23:19,840

sudden I was not in the room and it was

574

00:23:25,610 --> 00:23:22,720

oh man it was [h__\h] and uh that but

575

00:23:28,049 --> 00:23:25,620

that was it was the feeling that my

576

00:23:28,770 --> 00:23:28,059

personality and my inner voice was still

577

00:23:31,770 --> 00:23:28,780

intact

578

00:23:34,320 --> 00:23:31,780

yet I was sensing something else

579

00:23:36,620 --> 00:23:34,330

entirely there was that feeling that

580

00:23:39,450 --> 00:23:36,630

sort of made me think maybe there's

581

00:23:41,310 --> 00:23:39,460

something else to life it made me not so

582

00:23:43,730 --> 00:23:41,320

much of an atheist but it's interesting

583

00:23:46,980 --> 00:23:43,740

that you have such experience with

584

00:23:49,950 --> 00:23:46,990

psychedelics and you just come to such a

585

00:23:51,750 --> 00:23:49,960

different conclusion I mean I when I

586

00:23:55,440 --> 00:23:51,760

read your book and makes perfect sense I

587

00:23:57,930 --> 00:23:55,450

mean I do hear when people get deep deep

588

00:24:00,240 --> 00:23:57,940

deep with DMT a lot of times they talk

589

00:24:01,980 --> 00:24:00,250

about the oneness and I mean there's all

590

00:24:04,650 --> 00:24:01,990

kinds of coded messages in the Bible

591

00:24:05,100 --> 00:24:04,660

about when your two eyes become one bla

592

00:24:08,220 --> 00:24:05,110

bla bla

593

00:24:08,970 --> 00:24:08,230

body of white and stuff and I mean it

594

00:24:10,740 --> 00:24:08,980

makes sense

595

00:24:13,110 --> 00:24:10,750

there's you'll see those things all

596

00:24:15,690 --> 00:24:13,120

throughout different old cultures and

597

00:24:17,430 --> 00:24:15,700

old societies yeah it's it's definitely

598

00:24:20,730 --> 00:24:17,440

something that's out there and again I

599

00:24:24,180 --> 00:24:20,740

really want to emphasize how much my own

600

00:24:26,909 --> 00:24:24,190

perspective has really radically shifted

601
00:24:28,620 --> 00:24:26,919
on this because you know thinking back

602
00:24:32,669 --> 00:24:28,630
to my own early experiences with

603
00:24:36,140 --> 00:24:32,679
infusions that certainly part of what

604
00:24:39,150 --> 00:24:36,150
drew me to the experience was suddenly

605
00:24:41,880 --> 00:24:39,160
realizing you know maybe all the

606
00:24:44,060 --> 00:24:41,890
spiritual stuff is really totally real

607
00:24:47,039 --> 00:24:44,070
because this is the most bizarre thing

608
00:24:49,409 --> 00:24:47,049
that there do seem to be these alternate

609
00:24:51,180 --> 00:24:49,419
realities and all these energies and all

610
00:24:54,120 --> 00:24:51,190
these different dimensions and all of

611
00:24:57,450 --> 00:24:54,130
this stuff and so that's really what

612
00:24:59,010 --> 00:24:57,460
drew me into exploring it but something

613
00:25:02,970 --> 00:24:59,020

that was important you know looking back

614

00:25:05,480 --> 00:25:02,980

now as I see my own trajectory of how I

615

00:25:08,220 --> 00:25:05,490

got to where I am I can see that my

616

00:25:10,620 --> 00:25:08,230

hesitancy to commit to any particular

617

00:25:11,940 --> 00:25:10,630

view was actually the most important

618

00:25:13,409 --> 00:25:11,950

thing that I could do because you know I

619

00:25:14,909 --> 00:25:13,419

do see a lot of people who get to

620

00:25:16,549 --> 00:25:14,919

working with infusions and maybe they

621

00:25:18,739 --> 00:25:16,559

train with a shaman

622

00:25:20,899 --> 00:25:18,749

and then they're all about spirits and

623

00:25:22,310 --> 00:25:20,909

they're really fundamentally convinced

624

00:25:24,440 --> 00:25:22,320

that all this stuff is really really

625

00:25:26,389 --> 00:25:24,450

real but as I was going through my own

626

00:25:28,759 --> 00:25:26,399

experiences since it was mostly what I

627

00:25:30,919 --> 00:25:28,769

was doing on my own I didn't really have

628

00:25:32,659 --> 00:25:30,929

anyone around to tell me what was or

629

00:25:35,239 --> 00:25:32,669

wasn't the case so I really didn't

630

00:25:37,129 --> 00:25:35,249

develop any solid views but I really had

631

00:25:38,029 --> 00:25:37,139

a lot of wondering you know I really

632

00:25:39,830 --> 00:25:38,039

wondered all right

633

00:25:42,200 --> 00:25:39,840

all these questions about afterlife

634

00:25:44,259 --> 00:25:42,210

about reincarnation about karma about

635

00:25:46,789 --> 00:25:44,269

spirit entities about disincarnate

636

00:25:49,310 --> 00:25:46,799

intelligence about astral projection and

637

00:25:51,350 --> 00:25:49,320

I had a lot of these experiences and

638

00:25:53,509 --> 00:25:51,360

many of them were very convincing to me

639

00:25:55,869 --> 00:25:53,519

but also there was underneath it all

640

00:25:58,850 --> 00:25:55,879

there is always this nagging sense of

641

00:26:00,799 --> 00:25:58,860

you know this is really just you but I

642

00:26:04,730 --> 00:26:00,809

couldn't identify well why is that

643

00:26:07,220 --> 00:26:04,740

and also honestly a large part of my ego

644

00:26:09,889 --> 00:26:07,230

fought against that because it's it kept

645

00:26:12,560 --> 00:26:09,899

telling me that's so egotistical to

646

00:26:14,299 --> 00:26:12,570

think something like that that's yet so

647

00:26:16,580 --> 00:26:14,309

arrogant to think that somehow this is

648

00:26:19,609 --> 00:26:16,590

all your experience that this is all

649

00:26:21,200 --> 00:26:19,619

coming from you that you're not you're

650

00:26:23,330 --> 00:26:21,210

just so you get testicle that you think

651
00:26:25,909 --> 00:26:23,340
that these other realms are you that

652
00:26:28,279 --> 00:26:25,919
these other beings are you so I really

653
00:26:34,070 --> 00:26:28,289
resisted that for a long time until it

654
00:26:37,100 --> 00:26:34,080
came to the point where not admitting

655
00:26:39,680 --> 00:26:37,110
that to myself that it was all me that I

656
00:26:42,409 --> 00:26:39,690
would be lying to myself and the deepest

657
00:26:44,450 --> 00:26:42,419
core of my being and I reached a point

658
00:26:46,609 --> 00:26:44,460
where I was no longer going to lie about

659
00:26:50,060 --> 00:26:46,619
anything either to myself or anyone

660
00:26:53,570 --> 00:26:50,070
period I was done I was done hiding from

661
00:26:56,480 --> 00:26:53,580
the truth and so I essentially I reached

662
00:26:59,629 --> 00:26:56,490
a point where I had to admit it as much

663
00:27:01,940 --> 00:26:59,639

as my ego wanted to resist it I had to

664

00:27:04,700 --> 00:27:01,950

admit that essentially I was God in

665

00:27:06,859 --> 00:27:04,710

human form just as everyone else is and

666

00:27:09,230 --> 00:27:06,869

that that's reality and that was

667

00:27:12,019 --> 00:27:09,240

shocking that was absolutely shocking

668

00:27:14,119 --> 00:27:12,029

for me because for one I was in the

669

00:27:16,399 --> 00:27:14,129

theist in any kind of way I was kind of

670

00:27:19,970 --> 00:27:16,409

a shamanic Buddhist as how I would have

671

00:27:22,340 --> 00:27:19,980

identified myself and to be overwhelmed

672

00:27:24,560 --> 00:27:22,350

with this knowledge that my god there

673

00:27:26,480 --> 00:27:24,570

really is only one being and it's a

674

00:27:29,130 --> 00:27:26,490

being and it's intelligent and it's

675

00:27:31,590 --> 00:27:29,140

alive and it's all of reality and it's

676
00:27:33,510 --> 00:27:31,600
me and whatever was that I thought I was

677
00:27:36,380 --> 00:27:33,520
that ego that was having all these

678
00:27:39,390 --> 00:27:36,390
experiences that was all just a game

679
00:27:41,850 --> 00:27:39,400
it's all just this false construct that

680
00:27:44,430 --> 00:27:41,860
was shattering for me you yeah really

681
00:27:46,770 --> 00:27:44,440
shattered my world and the book being

682
00:27:52,530 --> 00:27:46,780
human was the result and ever since then

683
00:27:54,300 --> 00:27:52,540
so I wrote that in summer fall of 2009

684
00:27:55,770 --> 00:27:54,310
and ever since then I've essentially

685
00:27:57,600 --> 00:27:55,780
been writing the same thing over and

686
00:27:59,910 --> 00:27:57,610
over again in just different formats and

687
00:28:02,640 --> 00:27:59,920
highlighting different ideas and aspects

688
00:28:06,000 --> 00:28:02,650

I actually just released a short ebook

689

00:28:08,070 --> 00:28:06,010

today called all is one understanding

690

00:28:09,300 --> 00:28:08,080

entheogen x' and non-duality x' and so

691

00:28:11,910 --> 00:28:09,310

I'm still writing about the exact same

692

00:28:14,490 --> 00:28:11,920

thing that some sense I'm kind of a

693

00:28:16,380 --> 00:28:14,500

broken record at this point as I wrote

694

00:28:18,780 --> 00:28:16,390

in this little ebook it once you've

695

00:28:21,000 --> 00:28:18,790

figured out what it is that you have to

696

00:28:24,600 --> 00:28:21,010

say there really isn't anything else to

697

00:28:27,300 --> 00:28:24,610

say at that point so there I just keep

698

00:28:29,070 --> 00:28:27,310

saying it in different formats well a

699

00:28:32,280 --> 00:28:29,080

lot of the new weighed like a lot of New

700

00:28:35,430 --> 00:28:32,290

Age people they'll also talk about you

701

00:28:37,950 --> 00:28:35,440

know it's all we're all one and it is

702

00:28:39,360 --> 00:28:37,960

all us but they come to a little they

703

00:28:41,880 --> 00:28:39,370

take it a different direction and that

704

00:28:43,830 --> 00:28:41,890

they kind of go with this whole well now

705

00:28:45,690 --> 00:28:43,840

now that you know your true nature you

706

00:28:47,520 --> 00:28:45,700

can manifest your reality but I haven't

707

00:28:50,550 --> 00:28:47,530

heard that from you yeah that's that's a

708

00:28:52,560 --> 00:28:50,560

lot of ego crap because the game is much

709

00:28:56,400 --> 00:28:52,570

much much much much more sophisticated

710

00:28:59,570 --> 00:28:56,410

than that and unless you really know who

711

00:29:01,980 --> 00:28:59,580

you are unless you really know yourself

712

00:29:06,120 --> 00:29:01,990

you actually don't know what you want

713

00:29:09,600 --> 00:29:06,130

because all of reality is actually one

714

00:29:12,780 --> 00:29:09,610

massive energetic system that runs on

715

00:29:15,590 --> 00:29:12,790

self-love now if you're confused about

716

00:29:18,990 --> 00:29:15,600

who you are and if you're confused about

717

00:29:21,120 --> 00:29:19,000

what what reality is then you're going

718

00:29:23,550 --> 00:29:21,130

to be very very confused about what it

719

00:29:25,590 --> 00:29:23,560

is that you actually want so the ego may

720

00:29:26,820 --> 00:29:25,600

want one thing the ego says oh I really

721

00:29:31,010 --> 00:29:26,830

really really really really want this

722

00:29:34,050 --> 00:29:31,020

but your genuine energy that you are

723

00:29:35,670 --> 00:29:34,060

might have very very different plans for

724

00:29:38,400 --> 00:29:35,680

you and it really doesn't matter what

725

00:29:41,430 --> 00:29:38,410

your ego thinks or what your ego wants

726

00:29:42,390 --> 00:29:41,440

and that is why sometimes reality is

727

00:29:44,550 --> 00:29:42,400

absolute

728

00:29:47,850 --> 00:29:44,560

horrific and really horrible nasty

729

00:29:49,520 --> 00:29:47,860

things happen that apparently that no

730

00:29:53,840 --> 00:29:49,530

one would want that in their right mind

731

00:29:57,030 --> 00:29:53,850

but you have to understand that for one

732

00:29:58,080 --> 00:29:57,040

God doesn't give a [h__\h] in the sense

733

00:30:01,650 --> 00:29:58,090

that God doesn't take anything

734

00:30:03,510 --> 00:30:01,660

personally and we are all just pawns on

735

00:30:06,480 --> 00:30:03,520

the chessboard of reality that he is

736

00:30:08,640 --> 00:30:06,490

this one being and it is kind of like if

737

00:30:11,780 --> 00:30:08,650

you watch a movie and if you see a

738

00:30:14,130 --> 00:30:11,790

character really suffering in the movie

739

00:30:15,630 --> 00:30:14,140

anything you can imagine wow I bet that

740

00:30:17,130 --> 00:30:15,640

character doesn't want that I mean look

741

00:30:19,170 --> 00:30:17,140

you just gotta top it off or something

742

00:30:20,790 --> 00:30:19,180

like that yeah from the perspective of

743

00:30:22,860 --> 00:30:20,800

the director who's making the movie it

744

00:30:24,540 --> 00:30:22,870

doesn't matter whether that character

745

00:30:27,420 --> 00:30:24,550

wants that or not it's moving the story

746

00:30:28,920 --> 00:30:27,430

forward for whatever reason and that's

747

00:30:31,740 --> 00:30:28,930

ultimately all that we are we're all

748

00:30:33,930 --> 00:30:31,750

just little characters and it sent all

749

00:30:35,610 --> 00:30:33,940

the characters that are playing on the

750

00:30:38,670 --> 00:30:35,620

chessboard since they're all actually

751
00:30:41,730 --> 00:30:38,680
the same being it doesn't really matter

752
00:30:43,410 --> 00:30:41,740
which one wins or which one loses or

753
00:30:45,060 --> 00:30:43,420
which one eats the other one or kills

754
00:30:46,830 --> 00:30:45,070
the other one or marries the other one

755
00:30:48,540 --> 00:30:46,840
or does anything else because it's all

756
00:30:51,270 --> 00:30:48,550
the same being so we're all in that

757
00:30:53,580 --> 00:30:51,280
sense ultimately disposable but so once

758
00:30:56,100 --> 00:30:53,590
we start thinking about what are my own

759
00:30:59,460 --> 00:30:56,110
personal desires and how do I manifest

760
00:31:01,410 --> 00:30:59,470
them well the reality is you get

761
00:31:03,150 --> 00:31:01,420
clearing yourself and then you work on

762
00:31:04,950 --> 00:31:03,160
it you can't sit around and think about

763
00:31:07,170 --> 00:31:04,960

oh well I really want this or I really

764

00:31:09,120 --> 00:31:07,180

want that I mean that's just the ego

765

00:31:10,530 --> 00:31:09,130

playing with itself and you know

766

00:31:12,000 --> 00:31:10,540

sometimes it seems to work and then he

767

00:31:14,130 --> 00:31:12,010

goes says oh wow it really totally

768

00:31:15,690 --> 00:31:14,140

worked but most of the time people are

769

00:31:19,320 --> 00:31:15,700

just deluding themselves when they're

770

00:31:21,900 --> 00:31:19,330

thinking that way it's harsh I know but

771

00:31:23,700 --> 00:31:21,910

hey no I mean it's fair to say because

772

00:31:25,730 --> 00:31:23,710

I've always I've wondered things like

773

00:31:28,260 --> 00:31:25,740

you know well how do you account for

774

00:31:31,020 --> 00:31:28,270

really random car accidents you know

775

00:31:33,060 --> 00:31:31,030

who's who's manifesting that something

776

00:31:35,310 --> 00:31:33,070

nobody expected or saw coming like I

777

00:31:36,780 --> 00:31:35,320

guess the argument is oh well you know

778

00:31:38,520 --> 00:31:36,790

maybe deep in the back of their mind

779

00:31:40,830 --> 00:31:38,530

they were a pessimist and they were just

780

00:31:42,450 --> 00:31:40,840

you know welcoming negative energy and

781

00:31:44,580 --> 00:31:42,460

yeah we're then people doubt have people

782

00:31:46,440 --> 00:31:44,590

then they'll fall back on ideas of karma

783

00:31:49,440 --> 00:31:46,450

like oh well you know they had it coming

784

00:31:51,480 --> 00:31:49,450

from a previous life or something and it

785

00:31:54,810 --> 00:31:51,490

is just ways that people make excuses

786

00:31:56,240 --> 00:31:54,820

for themselves and it's also a way that

787

00:31:58,130 --> 00:31:56,250

people use to get after

788

00:32:01,250 --> 00:31:58,140

themselves oh I should be more positive

789

00:32:03,350 --> 00:32:01,260

i I should just change my mind and

790

00:32:06,950 --> 00:32:03,360

things will be better and believe me I

791

00:32:08,690 --> 00:32:06,960

fell into that as well I'm prior to kind

792

00:32:11,030 --> 00:32:08,700

of this radical break that I made with

793

00:32:12,380 --> 00:32:11,040

myself I was living in a relationship

794

00:32:14,960 --> 00:32:12,390

for many many years that I was very

795

00:32:17,570 --> 00:32:14,970

unhappy in and leading the life that

796

00:32:19,700 --> 00:32:17,580

ultimately I really censored myself and

797

00:32:21,890 --> 00:32:19,710

shut myself down and didn't allow myself

798

00:32:23,900 --> 00:32:21,900

to be myself and all the way through I

799

00:32:25,700 --> 00:32:23,910

kept telling myself I just need to

800

00:32:28,340 --> 00:32:25,710

change my perspective I need to be more

801
00:32:30,050 --> 00:32:28,350
optimistic I'm just focusing on the

802
00:32:32,330 --> 00:32:30,060
negative and you know the reality is I

803
00:32:33,920 --> 00:32:32,340
needed to change my situation and no

804
00:32:35,960 --> 00:32:33,930
amount of thinking was going to do that

805
00:32:38,570 --> 00:32:35,970
it requires action that's what reality

806
00:32:40,220 --> 00:32:38,580
is reality requires genuine action there

807
00:32:42,350 --> 00:32:40,230
certainly there's a lot that we can do

808
00:32:44,180 --> 00:32:42,360
with our own perspective of how attached

809
00:32:46,790 --> 00:32:44,190
we get to certain outcomes that we may

810
00:32:49,820 --> 00:32:46,800
want so I don't want to say that that's

811
00:32:52,760 --> 00:32:49,830
completely bogus but when it comes to

812
00:32:55,670 --> 00:32:52,770
determining what you are really able to

813
00:32:58,250 --> 00:32:55,680

do within reality you have to do it

814

00:33:00,050 --> 00:32:58,260

yourself you can't expect reality to

815

00:33:01,550 --> 00:33:00,060

pander to you in some way if you just

816

00:33:02,870 --> 00:33:01,560

think the right thoughts or say the

817

00:33:05,330 --> 00:33:02,880

right prayers to do the right which

818

00:33:06,650 --> 00:33:05,340

rules or do the right dance or whatever

819

00:33:09,200 --> 00:33:06,660

it is that people think that they need

820

00:33:10,880 --> 00:33:09,210

to do or you know say enough Hail Marys

821

00:33:13,910 --> 00:33:10,890

or spin the prayer wheel enough times

822

00:33:15,920 --> 00:33:13,920

that it's just the ego playing games and

823

00:33:18,080 --> 00:33:15,930

so from my perspective at this point

824

00:33:20,210 --> 00:33:18,090

it's simply a waste of energy well you'd

825

00:33:22,160 --> 00:33:20,220

be much better off focusing on finding

826

00:33:24,890 --> 00:33:22,170

clarity within yourself and then

827

00:33:26,180 --> 00:33:24,900

choosing clearly which actions are going

828

00:33:27,890 --> 00:33:26,190

to bring you the greatest amount of

829

00:33:29,930 --> 00:33:27,900

happiness for the limited time that you

830

00:33:34,100 --> 00:33:29,940

have and what do you think is the best

831

00:33:37,040 --> 00:33:34,110

way to do that ah infusions they're

832

00:33:39,500 --> 00:33:37,050

definitely infusion so maybe I'll give a

833

00:33:42,260 --> 00:33:39,510

little bit more background on sure what

834

00:33:46,160 --> 00:33:42,270

happened in the sense of how I came to

835

00:33:47,990 --> 00:33:46,170

be able to write being human so like I

836

00:33:49,940 --> 00:33:48,000

said my really my experience with

837

00:33:53,740 --> 00:33:49,950

in--they agents was with mushrooms and

838

00:33:58,130 --> 00:33:53,750

with salvia divinorum and then in around

839

00:34:00,380 --> 00:33:58,140

2007 or so there's actually after I

840

00:34:02,150 --> 00:34:00,390

published my book mushroom wisdom that I

841

00:34:03,500 --> 00:34:02,160

had a guy who wanted a copy of the book

842

00:34:04,940 --> 00:34:03,510

but he didn't have any money but he said

843

00:34:06,749 --> 00:34:04,950

hey I'll trade you some stuff so he sent

844

00:34:09,619 --> 00:34:06,759

me some UFO seeds

845

00:34:12,329 --> 00:34:09,629

at a time and yopo seeds are seeds from

846

00:34:15,629 --> 00:34:12,339

trees in in Central and South America

847

00:34:18,720 --> 00:34:15,639

that primarily contain 5 mg EO d mt 5

848

00:34:20,539 --> 00:34:18,730

methoxy dimethyltryptamine so I started

849

00:34:22,680 --> 00:34:20,549

kind of working with that a little bit

850

00:34:24,299 --> 00:34:22,690

it's really a pain in the ass you have

851

00:34:25,829 --> 00:34:24,309

these seeds with this little cover on

852

00:34:27,299 --> 00:34:25,839

them and you have to roast them so that

853

00:34:29,369 --> 00:34:27,309

the cover cracks and you have to remove

854

00:34:30,720 --> 00:34:29,379

this little papery cover and then you

855

00:34:32,039 --> 00:34:30,730

have like these roasted nuts and then

856

00:34:34,049 --> 00:34:32,049

you have to crush up the roasted nuts

857

00:34:37,289 --> 00:34:34,059

and then you can snort them or you can

858

00:34:38,730 --> 00:34:37,299

smoke them and so I found that I prefer

859

00:34:40,649 --> 00:34:38,740

to smoke in the mid it just tastes

860

00:34:42,950 --> 00:34:40,659

really nasty it's not it's not a

861

00:34:45,509 --> 00:34:42,960

pleasant smoking experience by any means

862

00:34:47,849 --> 00:34:45,519

so I had a few experiences of the 5 m EO

863

00:34:50,700 --> 00:34:47,859

but nothing that would that I now

864

00:34:53,879 --> 00:34:50,710

understand is a full release dose and

865

00:34:55,529 --> 00:34:53,889

actual dose that's effective to bring

866

00:35:00,259 --> 00:34:55,539

you into non-dual state of awareness

867

00:35:03,539 --> 00:35:00,269

that I I wasn't getting that but anyway

868

00:35:05,999 --> 00:35:03,549

I'll just skip over all the drama that

869

00:35:08,279 --> 00:35:06,009

led me to change my life but I ended up

870

00:35:10,380 --> 00:35:08,289

leaving my wife I left my job I left my

871

00:35:14,339 --> 00:35:10,390

kids I left California and I ended up

872

00:35:17,339 --> 00:35:14,349

moving here to Ashland Oregon and very

873

00:35:19,799 --> 00:35:17,349

soon after I moved here I didn't have

874

00:35:23,130 --> 00:35:19,809

any work I was just busy looking for any

875

00:35:25,410 --> 00:35:23,140

kind of work I connected with a guy by

876

00:35:29,059 --> 00:35:25,420

applying to a job that he had written

877

00:35:31,890 --> 00:35:29,069

the ad for and he checked out my website

878

00:35:34,259 --> 00:35:31,900

before contacting me and at the time I

879

00:35:36,240 --> 00:35:34,269

had a theme camp at Burning Man called

880

00:35:38,839 --> 00:35:36,250

the god box and kind of the nickname for

881

00:35:41,400 --> 00:35:38,849

the god box was the mystic toad and the

882

00:35:43,710 --> 00:35:41,410

mystic toad act she was a mailbox that I

883

00:35:45,509 --> 00:35:43,720

had created as this toad and we had this

884

00:35:47,670 --> 00:35:45,519

whole ritual over to go in to see the

885

00:35:49,470 --> 00:35:47,680

mystic toad and open the god box and see

886

00:35:51,480 --> 00:35:49,480

what's in there there's this mailbox

887

00:35:53,609 --> 00:35:51,490

so anyway this guy kind of sees this on

888

00:35:55,440 --> 00:35:53,619

my website and he says what kind of

889

00:35:58,680 --> 00:35:55,450

mystic toad do you have and I said well

890

00:36:00,870 --> 00:35:58,690

you know it's a mailbox he said oh oh

891

00:36:03,240 --> 00:36:00,880

well I have the real thing

892

00:36:06,269 --> 00:36:03,250

and so what he was referring to is the

893

00:36:08,249 --> 00:36:06,279

Sonoran desert toad or bufo alvarius and

894

00:36:11,279 --> 00:36:08,259

this is the only toad on the path that

895

00:36:14,779 --> 00:36:11,289

in its poison that it secretes from its

896

00:36:17,609 --> 00:36:14,789

gland it contains five Mio DMT is

897

00:36:19,500 --> 00:36:17,619

extraordinarily powerful and faeo

898

00:36:24,280 --> 00:36:19,510

genacore psychedelic compound

899

00:36:26,319 --> 00:36:24,290

and also I will say about five mio DMT

900

00:36:28,210 --> 00:36:26,329

for anyone who's not familiar with it

901
00:36:31,630 --> 00:36:28,220
that this is actually a molecule that's

902
00:36:33,970 --> 00:36:31,640
inside every single human being on the

903
00:36:37,300 --> 00:36:33,980
planet and it's inside every mammal and

904
00:36:41,020 --> 00:36:37,310
it's in countless species of plants and

905
00:36:41,920 --> 00:36:41,030
grasses so it's really really common

906
00:36:44,349 --> 00:36:41,930
within nature

907
00:36:47,170 --> 00:36:44,359
somewhat similar to DMT in the sense the

908
00:36:49,300 --> 00:36:47,180
DMT dimethyltryptamine is also inside

909
00:36:51,160 --> 00:36:49,310
all humans and all mammals and in many

910
00:36:53,859 --> 00:36:51,170
different plants and various other

911
00:36:56,170 --> 00:36:53,869
things so these are very very common

912
00:36:57,370 --> 00:36:56,180
molecules and kind of just to briefly

913
00:37:01,780 --> 00:36:57,380

describe the difference

914

00:37:04,030 --> 00:37:01,790

DMT then well that's the the main active

915

00:37:05,920 --> 00:37:04,040

ingredient in ayahuasca for example and

916

00:37:08,050 --> 00:37:05,930

when you take that orally with a

917

00:37:10,230 --> 00:37:08,060

monoamine oxidase inhibitor then you

918

00:37:12,790 --> 00:37:10,240

experience DMT over the course of

919

00:37:14,440 --> 00:37:12,800

usually a couple hours and sometimes it

920

00:37:16,150 --> 00:37:14,450

can be longer depending on the brew the

921

00:37:20,050 --> 00:37:16,160

ayahuasca brew and exactly what's in

922

00:37:21,640 --> 00:37:20,060

there if you smoked DMT the experience

923

00:37:23,620 --> 00:37:21,650

is actually much stronger and it's much

924

00:37:27,849 --> 00:37:23,630

faster so it comes on in a matter of

925

00:37:30,849 --> 00:37:27,859

seconds and DMT then lasts for maybe

926

00:37:33,970 --> 00:37:30,859

five to fifteen minutes essentially in

927

00:37:38,859 --> 00:37:33,980

terms of one experience with DMT now 5m

928

00:37:41,349 --> 00:37:38,869

EO d mt v methoxy dimethyltryptamine you

929

00:37:43,690 --> 00:37:41,359

also you can smoke that and it comes on

930

00:37:47,319 --> 00:37:43,700

in a matter of seconds and it is much

931

00:37:50,880 --> 00:37:47,329

much much stronger than DMT by many

932

00:37:53,650 --> 00:37:50,890

orders of magnitude and it lasts from

933

00:37:56,109 --> 00:37:53,660

mmm twenty to forty minutes to maybe

934

00:37:59,710 --> 00:37:56,119

even an hour at time so it's essentially

935

00:38:01,390 --> 00:37:59,720

it's very very strong it's certainly

936

00:38:04,720 --> 00:38:01,400

incomparable to anything else I've ever

937

00:38:08,109 --> 00:38:04,730

encountered that salvia that's strong

938

00:38:09,940 --> 00:38:08,119

DMT that's strong v methoxy

939

00:38:12,550 --> 00:38:09,950

dimethyltryptamine is it's off the

940

00:38:15,160 --> 00:38:12,560

charts in terms of sorry when you get a

941

00:38:17,109 --> 00:38:15,170

full release dose so anyway this fellow

942

00:38:19,540 --> 00:38:17,119

invited me over to his house and at the

943

00:38:21,520 --> 00:38:19,550

time v Meo DMT was legal there's only

944

00:38:28,000 --> 00:38:21,530

recently made illegal that was like

945

00:38:30,010 --> 00:38:28,010

january 1915 something like that so it's

946

00:38:31,569 --> 00:38:30,020

just been over a year or so that it's

947

00:38:32,500 --> 00:38:31,579

actually been illegal so at the time it

948

00:38:35,380 --> 00:38:32,510

was legal and

949

00:38:37,180 --> 00:38:35,390

item you over to his place and the first

950

00:38:38,740 --> 00:38:37,190

time he invited me over was kind of a

951
00:38:41,110 --> 00:38:38,750
dud didn't work the second time he

952
00:38:46,270 --> 00:38:41,120
invited me over within a matter of

953
00:38:48,340 --> 00:38:46,280
seconds my only reality was God and I

954
00:38:48,910 --> 00:38:48,350
had never experienced anything like that

955
00:38:51,460 --> 00:38:48,920
before

956
00:38:53,320 --> 00:38:51,470
who ever was I thought I was was just

957
00:38:55,180 --> 00:38:53,330
completely wiped out the room that I was

958
00:38:59,470 --> 00:38:55,190
in was completely gone and everything

959
00:39:01,780 --> 00:38:59,480
was pure crystalline fractal rainbow

960
00:39:05,380 --> 00:39:01,790
white light that stretched on for

961
00:39:08,500 --> 00:39:05,390
infinity and was made of pure pulsing

962
00:39:10,960 --> 00:39:08,510
living conscious love Wow and it

963
00:39:12,580 --> 00:39:10,970

completely overwhelmed me so for the

964

00:39:15,070 --> 00:39:12,590

first time in my life the first thing

965

00:39:17,770 --> 00:39:15,080

that came out of my mouth within seconds

966

00:39:19,690 --> 00:39:17,780

was just thank you God thank you God

967

00:39:22,390 --> 00:39:19,700

thank you and I just went on like that

968

00:39:25,660 --> 00:39:22,400

for about an hour so this was this was

969

00:39:27,220 --> 00:39:25,670

this was shattering because yeah still

970

00:39:29,230 --> 00:39:27,230

at that time I was still kind of kind of

971

00:39:30,700 --> 00:39:29,240

Buddhist and Buddhist Buddha doesn't

972

00:39:32,500 --> 00:39:30,710

talk about God and you maybe talk about

973

00:39:36,000 --> 00:39:32,510

the Buddha mine or the emptiness of

974

00:39:38,980 --> 00:39:36,010

consciousness but this was a conscious

975

00:39:41,140 --> 00:39:38,990

being that was made out of love and so

976
00:39:44,110 --> 00:39:41,150
for me that was just God and it was it

977
00:39:47,680 --> 00:39:44,120
was so overwhelming so then that

978
00:39:49,930 --> 00:39:47,690
experience then precipitated a whole

979
00:39:51,430 --> 00:39:49,940
chain of events that definitely don't

980
00:39:53,980 --> 00:39:51,440
have time to get into now but it took

981
00:39:55,990 --> 00:39:53,990
about 14 months from that very first

982
00:39:58,000 --> 00:39:56,000
experience where quote Martin

983
00:40:00,300 --> 00:39:58,010
experienced God and then Martin came

984
00:40:03,130 --> 00:40:00,310
back and said what the hell was that -

985
00:40:05,080 --> 00:40:03,140
after about 14 months of working with

986
00:40:07,330 --> 00:40:05,090
five Meo DMT and also regularly

987
00:40:08,950 --> 00:40:07,340
attending the Santo dime a church here

988
00:40:10,570 --> 00:40:08,960

in Ashland and drinking dive a which is

989

00:40:12,760 --> 00:40:10,580

a form of ayahuasca and also working

990

00:40:15,010 --> 00:40:12,770

with mushrooms and salvia is a very very

991

00:40:16,390 --> 00:40:15,020

intense time period I was also very very

992

00:40:18,610 --> 00:40:16,400

poor during his time period is very

993

00:40:21,010 --> 00:40:18,620

difficult in many ways but at the end of

994

00:40:23,110 --> 00:40:21,020

it there no longer was a distinction

995

00:40:25,030 --> 00:40:23,120

between what I thought of as myself and

996

00:40:26,740 --> 00:40:25,040

what I experienced as God so that was

997

00:40:28,210 --> 00:40:26,750

kind of the end of the process for me

998

00:40:30,400 --> 00:40:28,220

and things have never been the same

999

00:40:32,650 --> 00:40:30,410

since then and that actually when that

1000

00:40:35,680 --> 00:40:32,660

that occurred it literally was like a

1001

00:40:37,540 --> 00:40:35,690

switch was flipped and then for me at

1002

00:40:41,140 --> 00:40:37,550

that point there was no distinction

1003

00:40:44,020 --> 00:40:41,150

between the five Meo DMT experience and

1004

00:40:45,880 --> 00:40:44,030

just normal everyday reality and yes

1005

00:40:47,710 --> 00:40:45,890

that that divide was complete

1006

00:40:51,070 --> 00:40:47,720

begone so what that essentially means is

1007

00:40:54,250 --> 00:40:51,080

that I felt like I was tripping mad all

1008

00:40:56,080 --> 00:40:54,260

the time yeah how do you fit into it how

1009

00:40:58,710 --> 00:40:56,090

do you fit into this society that way I

1010

00:41:02,470 --> 00:40:58,720

didn't know how that was going to work

1011

00:41:04,870 --> 00:41:02,480

because when when I really open up my

1012

00:41:07,480 --> 00:41:04,880

energy my voice changes my voice gets

1013

00:41:10,060 --> 00:41:07,490

very deep my whole cadence and rhythm

1014

00:41:12,220 --> 00:41:10,070

the way that I speak changes I become

1015

00:41:15,820 --> 00:41:12,230

much more authoritative I become very

1016

00:41:18,670 --> 00:41:15,830

very very insistent in many ways my

1017

00:41:20,530 --> 00:41:18,680

whole body language changes I become

1018

00:41:23,170 --> 00:41:20,540

very geometric in the way that I move

1019

00:41:24,790 --> 00:41:23,180

I'm very symmetrical and so it's very

1020

00:41:28,030 --> 00:41:24,800

intense I mean from my wife's

1021

00:41:29,650 --> 00:41:28,040

perspective I met a lovely woman named

1022

00:41:31,920 --> 00:41:29,660

jessalyn here in Ashland and moved in

1023

00:41:35,520 --> 00:41:31,930

with her and we married each other and

1024

00:41:39,880 --> 00:41:35,530

when this occurred from her perspective

1025

00:41:41,260 --> 00:41:39,890

Martin was simply gone she didn't know

1026

00:41:43,840 --> 00:41:41,270

who I was she didn't know what had

1027

00:41:46,210 --> 00:41:43,850

happened but the man that she thought

1028

00:41:49,660 --> 00:41:46,220

she loved was clearly no longer in the

1029

00:41:53,980 --> 00:41:49,670

building and it was really startling

1030

00:41:55,480 --> 00:41:53,990

it's and this for me this was um I was

1031

00:41:57,070 --> 00:41:55,490

teaching at the university at the time

1032

00:42:00,010 --> 00:41:57,080

this is when I first started teaching at

1033

00:42:01,270 --> 00:42:00,020

SRU and this was the week before finals

1034

00:42:03,760 --> 00:42:01,280

so I had to go in and give my final

1035

00:42:06,670 --> 00:42:03,770

lectures and rino review everything for

1036

00:42:09,640 --> 00:42:06,680

the final exams for my students and I

1037

00:42:11,200 --> 00:42:09,650

had no idea what was going to happen so

1038

00:42:13,540 --> 00:42:11,210

it was on a Friday night that my switch

1039

00:42:15,280 --> 00:42:13,550

got flipped and I had to go in on Monday

1040

00:42:17,530 --> 00:42:15,290

and give a lecture and all weekend long

1041

00:42:19,450 --> 00:42:17,540

I had just been trippin mad mad mad at

1042

00:42:21,970 --> 00:42:19,460

home and I was I was ecstatic it was

1043

00:42:25,060 --> 00:42:21,980

like yes I've been let out of prison if

1044

00:42:27,460 --> 00:42:25,070

is it with his glorious but anyway I

1045

00:42:28,750 --> 00:42:27,470

went to school and I hadn't said

1046

00:42:30,970 --> 00:42:28,760

anything to anybody and I walked into

1047

00:42:33,400 --> 00:42:30,980

the room and one of my students said oh

1048

00:42:36,220 --> 00:42:33,410

hi professor and then I said oh hello

1049

00:42:37,930 --> 00:42:36,230

and suddenly my voice had gone back to

1050

00:42:38,830 --> 00:42:37,940

the kind of the old Martin voice even

1051
00:42:41,860 --> 00:42:38,840
though it's a little bit different now

1052
00:42:43,930 --> 00:42:41,870
than I used to sound it Morlocks back

1053
00:42:45,940 --> 00:42:43,940
and yeah I kind of snapped back in and

1054
00:42:47,860 --> 00:42:45,950
my energy shifted and I learned at that

1055
00:42:50,560 --> 00:42:47,870
moment that as long as I completely

1056
00:42:52,300 --> 00:42:50,570
trust that I can always be myself that

1057
00:42:54,610 --> 00:42:52,310
I'll be able to fit into any social

1058
00:42:56,770 --> 00:42:54,620
situation and so it's not an issue so

1059
00:42:58,430 --> 00:42:56,780
kind of a metaphor that I use this point

1060
00:43:01,010 --> 00:42:58,440
is that I've learned that I kind

1061
00:43:03,650 --> 00:43:01,020
where the structure of my ego is kind of

1062
00:43:05,540 --> 00:43:03,660
a you know a social navigation tool so

1063
00:43:07,430 --> 00:43:05,550

when I'm interacting with other people I

1064

00:43:09,050 --> 00:43:07,440

usually sound and act like Martin unless

1065

00:43:11,240 --> 00:43:09,060

they really start asking me questions

1066

00:43:13,490 --> 00:43:11,250

and then my energy will shift fairly

1067

00:43:15,440 --> 00:43:13,500

dramatically but other than that I go

1068

00:43:17,030 --> 00:43:15,450

out and I you know I play the Martin

1069

00:43:18,740 --> 00:43:17,040

character and I'm very comfortable with

1070

00:43:19,970 --> 00:43:18,750

it and I enjoy it because I enjoy

1071

00:43:25,400 --> 00:43:19,980

interacting with other people I mean

1072

00:43:27,829 --> 00:43:25,410

that's kind of the point but I had no

1073

00:43:29,960 --> 00:43:27,839

idea how I was supposed to navigate that

1074

00:43:33,079 --> 00:43:29,970

and it was ultimately just learning to

1075

00:43:35,150 --> 00:43:33,089

trust that as long as I was true to what

1076

00:43:37,099 --> 00:43:35,160

I felt in my energy everything would be

1077

00:43:40,849 --> 00:43:37,109

fine so I just I trust everything all

1078

00:43:41,990 --> 00:43:40,859

the time just the way it goes yeah I

1079

00:43:44,390 --> 00:43:42,000

mean that was going to be my next

1080

00:43:46,099 --> 00:43:44,400

question is if you thought that you know

1081

00:43:47,480 --> 00:43:46,109

if you still battled with your ego or if

1082

00:43:49,339 --> 00:43:47,490

it was pretty much beaten into

1083

00:43:51,170 --> 00:43:49,349

submission by this point it seems like

1084

00:43:54,440 --> 00:43:51,180

you kind of you've turned it and you use

1085

00:43:56,599 --> 00:43:54,450

it as a positive yeah um one thing that

1086

00:43:58,970 --> 00:43:56,609

I always like to stress with people is

1087

00:44:00,319 --> 00:43:58,980

that there's a lot of people get the

1088

00:44:01,940 --> 00:44:00,329

wrong idea about this they talk about

1089

00:44:04,430 --> 00:44:01,950

ego death and they say oh I want to kill

1090

00:44:07,490 --> 00:44:04,440

my ego I want to get rid of my ego I

1091

00:44:09,890 --> 00:44:07,500

want to become this no self and that's

1092

00:44:11,900 --> 00:44:09,900

fundamentally an ego delusion because

1093

00:44:15,230 --> 00:44:11,910

your ego doesn't actually ever go away

1094

00:44:16,849 --> 00:44:15,240

permanently now we can transcend it for

1095

00:44:18,140 --> 00:44:16,859

a certain time periods especially when

1096

00:44:19,280 --> 00:44:18,150

we're working with entheogen and

1097

00:44:20,599 --> 00:44:19,290

actually that reminds me I want to come

1098

00:44:24,589 --> 00:44:20,609

back to that issue so I'll spin back to

1099

00:44:26,480 --> 00:44:24,599

that in a second but we can transcend

1100

00:44:28,309 --> 00:44:26,490

for certain periods of time and that's

1101
00:44:30,710 --> 00:44:28,319
when we enter into the non-dual state of

1102
00:44:34,130 --> 00:44:30,720
awareness but then the ego reasserts

1103
00:44:35,450 --> 00:44:34,140
itself and so I went through this it's

1104
00:44:37,550 --> 00:44:35,460
kind of this opening closing opening

1105
00:44:39,020 --> 00:44:37,560
closing every time I take medicine I

1106
00:44:40,520 --> 00:44:39,030
would open and then it would wear off

1107
00:44:42,290 --> 00:44:40,530
and I would close and then I take more

1108
00:44:44,480 --> 00:44:42,300
and it opened and then closed open

1109
00:44:46,099 --> 00:44:44,490
closed but what eventually happened is

1110
00:44:49,430 --> 00:44:46,109
that I reach the point where kind of my

1111
00:44:51,829 --> 00:44:49,440
ego opened and now rather than it

1112
00:44:54,290 --> 00:44:51,839
automatically clamping back on and

1113
00:44:56,359 --> 00:44:54,300

saying oh that's me now I just kind of

1114

00:44:58,309 --> 00:44:56,369

use it the same way that I might use my

1115

00:44:59,930 --> 00:44:58,319

hand if I want to drink water I need to

1116

00:45:01,609 --> 00:44:59,940

use my hand to reach over and get the

1117

00:45:03,170 --> 00:45:01,619

glass because I need to use my hand to

1118

00:45:05,569 --> 00:45:03,180

do that and there's some things that you

1119

00:45:06,980 --> 00:45:05,579

kind of need to use your ego to do in

1120

00:45:10,160 --> 00:45:06,990

the sense of interacting with other

1121

00:45:11,900 --> 00:45:10,170

people so I use it now it's a part of me

1122

00:45:13,970 --> 00:45:11,910

but it's not the prison

1123

00:45:16,190 --> 00:45:13,980

that it used to be and that's a really

1124

00:45:18,470 --> 00:45:16,200

really really radical difference and

1125

00:45:21,079 --> 00:45:18,480

it's not about killing the ego it's

1126
00:45:24,770 --> 00:45:21,089
about freeing yourself from it and that

1127
00:45:27,770 --> 00:45:24,780
means you have to learn that it's not

1128
00:45:30,620 --> 00:45:27,780
actually you that your ego does

1129
00:45:32,720 --> 00:45:30,630
everything that it can to convince you

1130
00:45:35,299 --> 00:45:32,730
in every moment of the day that it is

1131
00:45:37,460 --> 00:45:35,309
you and it's very believable but it's

1132
00:45:39,680 --> 00:45:37,470
also an excellent liar so it's

1133
00:45:41,539 --> 00:45:39,690
constantly making up this false sense of

1134
00:45:44,690 --> 00:45:41,549
self and finding ways to reinforce that

1135
00:45:46,970 --> 00:45:44,700
so it takes a lot of work to get out of

1136
00:45:48,589 --> 00:45:46,980
that prison and get out of that trap and

1137
00:45:49,700 --> 00:45:48,599
it's ultimately only something that you

1138
00:45:52,849 --> 00:45:49,710

can do for yourself

1139

00:45:55,210 --> 00:45:52,859

so spinning back around now this is what

1140

00:45:57,710 --> 00:45:55,220

I started saying all this was that

1141

00:46:01,839 --> 00:45:57,720

infusions are the best tool for this

1142

00:46:04,400 --> 00:46:01,849

process because the ego itself is a

1143

00:46:06,349 --> 00:46:04,410

construction of limited energetic

1144

00:46:09,230 --> 00:46:06,359

patterns and these are patterns of ways

1145

00:46:11,779 --> 00:46:09,240

that we think ways that we act ways that

1146

00:46:14,089 --> 00:46:11,789

we choose to believe and it even involve

1147

00:46:16,120 --> 00:46:14,099

things like our body gestures our tone

1148

00:46:18,680 --> 00:46:16,130

of voice the pitch of our voice our

1149

00:46:21,349 --> 00:46:18,690

accent if we have one all of these

1150

00:46:24,980 --> 00:46:21,359

things are ways that our ego is trying

1151

00:46:27,019 --> 00:46:24,990

to shape our sense of self by using

1152

00:46:28,549 --> 00:46:27,029

these patterns of energy but there are

1153

00:46:30,829 --> 00:46:28,559

ultimately limited patterns of energy

1154

00:46:32,210 --> 00:46:30,839

because in shaping a sense of self we

1155

00:46:35,599 --> 00:46:32,220

always have to distinguish between what

1156

00:46:37,160 --> 00:46:35,609

we say is me versus not me so these

1157

00:46:40,339 --> 00:46:37,170

patterns create these limits in these

1158

00:46:44,890 --> 00:46:40,349

barriers now when you work with a really

1159

00:46:48,079 --> 00:46:44,900

strong infusion like five mio DMT or

1160

00:46:49,730 --> 00:46:48,089

salvia or DMT I mean these can all be

1161

00:46:51,500 --> 00:46:49,740

very strong infusions

1162

00:46:54,079 --> 00:46:51,510

but it's especially the ones that have

1163

00:46:56,420 --> 00:46:54,089

these very fast expansion this very fast

1164

00:46:59,089 --> 00:46:56,430

come-on rate that are the most effective

1165

00:47:01,670 --> 00:46:59,099

because experientially what's happening

1166

00:47:05,510 --> 00:47:01,680

is our energy is expanding into this

1167

00:47:07,789 --> 00:47:05,520

beyond the body sense of being and so

1168

00:47:10,339 --> 00:47:07,799

it's expanding out very rapidly and it's

1169

00:47:13,339 --> 00:47:10,349

very hard for the ego to effectively

1170

00:47:15,200 --> 00:47:13,349

hold on and maintain its energetic

1171

00:47:17,510 --> 00:47:15,210

structures when that is occurring so

1172

00:47:19,700 --> 00:47:17,520

it's kind of like we're pushing on all

1173

00:47:21,589 --> 00:47:19,710

of these structures kind of like the ego

1174

00:47:22,540 --> 00:47:21,599

is a dam it's trying to hold back all

1175

00:47:27,070 --> 00:47:22,550

this energy

1176

00:47:29,620 --> 00:47:27,080

and if the individual chooses to let go

1177

00:47:31,630 --> 00:47:29,630

of all sense of self-identity then their

1178

00:47:33,760 --> 00:47:31,640

energy can expand out and their sense of

1179

00:47:35,710 --> 00:47:33,770

identification can then encompass

1180

00:47:37,480 --> 00:47:35,720

everything and that becomes the unitary

1181

00:47:40,540 --> 00:47:37,490

or the non dual or the mystical

1182

00:47:43,450 --> 00:47:40,550

experience where you realize my god it

1183

00:47:45,940 --> 00:47:43,460

really is all one and it's it's me it's

1184

00:47:49,780 --> 00:47:45,950

one it's everything it's the nature of

1185

00:47:51,520 --> 00:47:49,790

being but that only lasts as long as

1186

00:47:54,070 --> 00:47:51,530

that energetic expansion that the

1187

00:47:56,770 --> 00:47:54,080

medicines make possible within your body

1188

00:47:58,510 --> 00:47:56,780

it only lasts for that time period and

1189

00:48:00,940 --> 00:47:58,520

then that energy starts to collapse back

1190

00:48:02,980 --> 00:48:00,950

in on itself after the peak and then the

1191

00:48:05,170 --> 00:48:02,990

ego starts to reintegrate because it's

1192

00:48:07,060 --> 00:48:05,180

very it's very persistent the ego always

1193

00:48:09,040 --> 00:48:07,070

wants to be in charge so I've got

1194

00:48:10,720 --> 00:48:09,050

something to do I'm going to create my

1195

00:48:12,850 --> 00:48:10,730

sense of self-identity again I'm going

1196

00:48:15,160 --> 00:48:12,860

to re-establish dualistic perception and

1197

00:48:18,220 --> 00:48:15,170

experience and so it jumps right in

1198

00:48:19,930 --> 00:48:18,230

there and does that but the way that I

1199

00:48:22,240 --> 00:48:19,940

like to describe it is that ultimately

1200

00:48:24,160 --> 00:48:22,250

the ego is an energetic problem because

1201

00:48:25,990 --> 00:48:24,170

it's an energetic process that goes on

1202

00:48:28,030 --> 00:48:26,000

within our being and it affects our

1203

00:48:30,700 --> 00:48:28,040

whole sense of thought process our

1204

00:48:33,670 --> 00:48:30,710

emotions our body it affects everything

1205

00:48:36,670 --> 00:48:33,680

that we are and because it's this

1206

00:48:39,250 --> 00:48:36,680

energetic issue the solution to the

1207

00:48:40,690 --> 00:48:39,260

problem of the ego is also an energetic

1208

00:48:43,870 --> 00:48:40,700

solution and the most effective

1209

00:48:45,460 --> 00:48:43,880

energetic tool are infusions because

1210

00:48:47,230 --> 00:48:45,470

they are essentially these little

1211

00:48:49,240 --> 00:48:47,240

crystal and neurotransmitters that

1212

00:48:51,670 --> 00:48:49,250

attach to various places within our body

1213

00:48:53,740 --> 00:48:51,680

and it amplifies our sense of energy so

1214

00:48:56,560 --> 00:48:53,750

it's a it's a very I like to kind of

1215

00:48:58,180 --> 00:48:56,570

stress this naturalistic explanation for

1216

00:48:59,740 --> 00:48:58,190

what's going on because I don't feel

1217

00:49:01,840 --> 00:48:59,750

that there's any need to resort to kind

1218

00:49:03,550 --> 00:49:01,850

of spiritual terminology or you're

1219

00:49:05,230 --> 00:49:03,560

opening your third eye or you're

1220

00:49:07,300 --> 00:49:05,240

activating your chakras or you're

1221

00:49:09,010 --> 00:49:07,310

elevating your vibration that's all just

1222

00:49:11,770 --> 00:49:09,020

kind of the way that egos want to talk

1223

00:49:13,810 --> 00:49:11,780

about and identify and create objects

1224

00:49:15,670 --> 00:49:13,820

that they then reify but then they're

1225

00:49:16,030 --> 00:49:15,680

experienced but it's just an energetic

1226

00:49:18,910 --> 00:49:16,040

issue

1227

00:49:20,620 --> 00:49:18,920

so the infusions are just from a

1228

00:49:22,690 --> 00:49:20,630

practical standpoint they're just the

1229

00:49:25,120 --> 00:49:22,700

best tool for accomplishing these states

1230

00:49:27,760 --> 00:49:25,130

of awareness and once people have

1231

00:49:29,980 --> 00:49:27,770

non-dual experiences if they really

1232

00:49:31,810 --> 00:49:29,990

learn to work with that and be clear and

1233

00:49:33,400 --> 00:49:31,820

present within that they really can come

1234

00:49:34,620 --> 00:49:33,410

to a deep understanding of who and what

1235

00:49:35,789 --> 00:49:34,630

they are

1236

00:49:37,410 --> 00:49:35,799

and then they can start to take

1237

00:49:39,329 --> 00:49:37,420

responsibility for themselves so that

1238

00:49:42,359 --> 00:49:39,339

their ego isn't projecting out

1239

00:49:45,089 --> 00:49:42,369

everywhere and displacing energy and

1240

00:49:46,589 --> 00:49:45,099

casting judgment and blame and being a

1241

00:49:50,219 --> 00:49:46,599

victim and doing all these things the

1242

00:49:52,469 --> 00:49:50,229

egos do but if you have to learn who you

1243

00:49:55,109 --> 00:49:52,479

are in order to be able to learn how to

1244

00:49:56,729 --> 00:49:55,119

not engage your ego because it's always

1245

00:49:58,170 --> 00:49:56,739

going to convince you that it's you so

1246

00:50:00,239 --> 00:49:58,180

you have to have this understanding that

1247

00:50:01,769 --> 00:50:00,249

it's not you and it's not just an

1248

00:50:03,779 --> 00:50:01,779

intellectual proposition you have to

1249

00:50:07,079 --> 00:50:03,789

experience it in order to really be able

1250

00:50:10,160 --> 00:50:07,089

to learn to work with that right on

1251
00:50:13,680 --> 00:50:10,170
yes I've kind of gone down the thread of

1252
00:50:15,539 --> 00:50:13,690
the whole idea of kind of reincarnation

1253
00:50:18,650 --> 00:50:15,549
like I've kind of gotten just now

1254
00:50:21,930 --> 00:50:18,660
started to explore those ideas and I

1255
00:50:24,210 --> 00:50:21,940
guess it kind of fits conveniently with

1256
00:50:26,549 --> 00:50:24,220
psychedelics in the terms of when people

1257
00:50:30,089 --> 00:50:26,559
say oh go in with an intent and you're

1258
00:50:32,460 --> 00:50:30,099
going to learn something and you know

1259
00:50:34,620 --> 00:50:32,470
there's a big New Age push in that

1260
00:50:37,890 --> 00:50:34,630
direction but I guess my question is if

1261
00:50:40,849 --> 00:50:37,900
our individual perspective does not

1262
00:50:42,569 --> 00:50:40,859
continue and it's just absorbed into the

1263
00:50:44,999 --> 00:50:42,579

great beyond

1264

00:50:47,069 --> 00:50:45,009

what is really the point of even going

1265

00:50:49,319 --> 00:50:47,079

through that transition in a lifetime or

1266

00:50:54,569 --> 00:50:49,329

the point of you know this experience

1267

00:50:57,329 --> 00:50:54,579

itself well the ultimate value is that

1268

00:51:00,749 --> 00:50:57,339

it frees you to live your life in a way

1269

00:51:03,329 --> 00:51:00,759

that is truly joyous and truly truly

1270

00:51:05,849 --> 00:51:03,339

free and that's something that you can't

1271

00:51:09,420 --> 00:51:05,859

put a price on I mean we have to keep in

1272

00:51:11,549 --> 00:51:09,430

mind that the ego again is essentially

1273

00:51:14,579 --> 00:51:11,559

it's a liar and it's lying to you all

1274

00:51:16,739 --> 00:51:14,589

the time and because it's so good at it

1275

00:51:19,349 --> 00:51:16,749

we believe the lies that the ego is

1276

00:51:21,719 --> 00:51:19,359

telling but it's the constructions of

1277

00:51:26,519 --> 00:51:21,729

the ego that lead to things like racism

1278

00:51:28,109 --> 00:51:26,529

war violence crime abuse all of these

1279

00:51:31,650 --> 00:51:28,119

things these are actually all products

1280

00:51:34,200 --> 00:51:31,660

of the ego agree so these are even if

1281

00:51:36,690 --> 00:51:34,210

it's not as dramatic as that the ego

1282

00:51:39,089 --> 00:51:36,700

creates these problems in people's lives

1283

00:51:41,819 --> 00:51:39,099

so that they suffer in a way that's

1284

00:51:44,370 --> 00:51:41,829

unnecessary and that's really the main

1285

00:51:46,349 --> 00:51:44,380

point it's not about achieving some

1286

00:51:48,160 --> 00:51:46,359

great spiritual state or something like

1287

00:51:50,440 --> 00:51:48,170

that it's just about recognizing the

1288

00:51:52,539 --> 00:51:50,450

look there's a whole lot of unnecessary

1289

00:51:54,700 --> 00:51:52,549

suffering that's going on here and if

1290

00:51:57,180 --> 00:51:54,710

you just got clear on yourself that

1291

00:51:59,680 --> 00:51:57,190

suffering would actually disappear and

1292

00:52:03,370 --> 00:51:59,690

then it's no longer something that you

1293

00:52:05,020 --> 00:52:03,380

need to worry about and it coming to a

1294

00:52:07,599 --> 00:52:05,030

deep understanding of the nature of the

1295

00:52:10,059 --> 00:52:07,609

self really what I found is all my

1296

00:52:12,069 --> 00:52:10,069

existential worries just vanished

1297

00:52:14,680 --> 00:52:12,079

literally vanished overnight

1298

00:52:18,099 --> 00:52:14,690

I have zero fear of death I have zero

1299

00:52:21,309 --> 00:52:18,109

fear of you know doing the wrong thing

1300

00:52:23,079 --> 00:52:21,319

spiritually you know I I'm no longer

1301
00:52:24,789 --> 00:52:23,089
concerned with ideas of right and wrong

1302
00:52:26,799 --> 00:52:24,799
I'm only concerned about authenticity

1303
00:52:30,010 --> 00:52:26,809
I'm only concerned about being myself

1304
00:52:33,490 --> 00:52:30,020
and that is such a great liberating

1305
00:52:35,500 --> 00:52:33,500
relief I mean one way that I like to

1306
00:52:36,789 --> 00:52:35,510
demonstrate this with people's you know

1307
00:52:39,640 --> 00:52:36,799
I talk about the energy in their body

1308
00:52:42,160 --> 00:52:39,650
and how the ego creates these blocks

1309
00:52:44,170 --> 00:52:42,170
within the natural flow of energy within

1310
00:52:45,910 --> 00:52:44,180
your being and one of the ways that I do

1311
00:52:48,549 --> 00:52:45,920
this is I'll take like a towel and I'll

1312
00:52:50,710 --> 00:52:48,559
twist that towel all up and you know

1313
00:52:52,870 --> 00:52:50,720

pull it into knots and I'll show that to

1314

00:52:56,170 --> 00:52:52,880

people and say this is what your ego is

1315

00:52:58,630 --> 00:52:56,180

doing to you inside it's creating an

1316

00:53:00,430 --> 00:52:58,640

energetic structure that's similar to

1317

00:53:02,470 --> 00:53:00,440

this knot that I've just created now you

1318

00:53:03,670 --> 00:53:02,480

can walk around with this knot inside of

1319

00:53:06,130 --> 00:53:03,680

you and all the problems that that

1320

00:53:07,660 --> 00:53:06,140

creates or you can learn how to smooth

1321

00:53:09,700 --> 00:53:07,670

this out and then I will smooth out the

1322

00:53:10,210 --> 00:53:09,710

towel and open it up and make it nice

1323

00:53:11,710 --> 00:53:10,220

and flat

1324

00:53:13,210 --> 00:53:11,720

is that where your energy can be like

1325

00:53:15,520 --> 00:53:13,220

this now which do you think is going to

1326
00:53:18,579 --> 00:53:15,530
be more pleasant for you and that's all

1327
00:53:21,940 --> 00:53:18,589
that it boils down to ultimately and if

1328
00:53:25,299 --> 00:53:21,950
if more people were like that this world

1329
00:53:27,670 --> 00:53:25,309
would be so different we would have like

1330
00:53:29,200 --> 00:53:27,680
the beard political races going on we

1331
00:53:31,839 --> 00:53:29,210
wouldn't we wouldn't have these

1332
00:53:34,690 --> 00:53:31,849
financial crises we wouldn't we wouldn't

1333
00:53:36,520 --> 00:53:34,700
have so much of what happens within

1334
00:53:39,370 --> 00:53:36,530
human cultures in society it would just

1335
00:53:42,490 --> 00:53:39,380
be gone see that's what frustrates me

1336
00:53:45,780 --> 00:53:42,500
the most is when I do psychedelics the

1337
00:53:48,339 --> 00:53:45,790
more I do them the more frustrated I get

1338
00:53:51,099 --> 00:53:48,349

dealing with the society that we've

1339

00:53:53,049 --> 00:53:51,109

built dealing with cops or getting my

1340

00:53:55,089 --> 00:53:53,059

car registered I'm like why the [h__h] do

1341

00:53:56,650 --> 00:53:55,099

I have to do this we should be just free

1342

00:53:58,510 --> 00:53:56,660

and this is [h__h] and it's costing me

1343

00:54:01,339 --> 00:53:58,520

money and it's hard for me to go to work

1344

00:54:03,329 --> 00:54:01,349

at my nine-to-five job

1345

00:54:04,680 --> 00:54:03,339

increasingly everyday when I'm dealing

1346

00:54:07,799 --> 00:54:04,690

with this and I'm like this is not the

1347

00:54:09,030 --> 00:54:07,809

point of this experience and you know

1348

00:54:11,160 --> 00:54:09,040

it's really frustrating because I feel

1349

00:54:13,680 --> 00:54:11,170

like society's been around for a long

1350

00:54:16,349 --> 00:54:13,690

time and somebody somewhere should have

1351
00:54:19,020 --> 00:54:16,359
been able to prepare better prepare this

1352
00:54:21,150 --> 00:54:19,030
for my experience yeah look less

1353
00:54:24,390 --> 00:54:21,160
frustrated yeah kind of the way that I

1354
00:54:26,370 --> 00:54:24,400
look at that now is for one I've

1355
00:54:29,579 --> 00:54:26,380
developed within myself this

1356
00:54:31,260 --> 00:54:29,589
unconditional sense of love so even as

1357
00:54:34,140 --> 00:54:31,270
frustrating and as terrible of things

1358
00:54:36,720 --> 00:54:34,150
may be and as as awful people choices

1359
00:54:38,970 --> 00:54:36,730
may be I still have this overriding

1360
00:54:41,010 --> 00:54:38,980
sense of love for all beings and all

1361
00:54:43,200 --> 00:54:41,020
things so for me that really takes

1362
00:54:45,270 --> 00:54:43,210
precedent is that so this is kind of a

1363
00:54:47,700 --> 00:54:45,280

sense of sympathy there because really I

1364

00:54:49,770 --> 00:54:47,710

just see myself in a confused form when

1365

00:54:51,960 --> 00:54:49,780

I see people making bad decisions so I

1366

00:54:55,109 --> 00:54:51,970

really just see myself and what I want

1367

00:54:56,819 --> 00:54:55,119

is for myself to be clear and I seen

1368

00:54:59,460 --> 00:54:56,829

that in the other person so I'm able to

1369

00:55:00,569 --> 00:54:59,470

let go of judgment in that sense now so

1370

00:55:02,520 --> 00:55:00,579

one thing that I like to say is like

1371

00:55:04,349 --> 00:55:02,530

look I love everyone it doesn't mean I

1372

00:55:07,260 --> 00:55:04,359

like everyone personally doesn't mean I

1373

00:55:09,120 --> 00:55:07,270

want it personally interact with people

1374

00:55:11,730 --> 00:55:09,130

who are terribly confused and just

1375

00:55:13,170 --> 00:55:11,740

spewing out all kinds of garbage but I

1376
00:55:18,960 --> 00:55:13,180
still love them at the most fundamental

1377
00:55:22,049 --> 00:55:18,970
level I still love them and also what's

1378
00:55:24,210 --> 00:55:22,059
important is that we have to recognize

1379
00:55:29,190 --> 00:55:24,220
that we actually can't change the world

1380
00:55:30,809 --> 00:55:29,200
and we do live within a society that has

1381
00:55:34,710 --> 00:55:30,819
all these false structures I mean we're

1382
00:55:36,960 --> 00:55:34,720
built on a culture that revolves around

1383
00:55:39,690 --> 00:55:36,970
money which ultimately is a non real

1384
00:55:42,180 --> 00:55:39,700
thing money right only exists because we

1385
00:55:44,190 --> 00:55:42,190
agree that it has value but it doesn't

1386
00:55:46,920 --> 00:55:44,200
have any inherent value so actually

1387
00:55:50,069 --> 00:55:46,930
money is very very similar to the ego

1388
00:55:52,950 --> 00:55:50,079

because the ego doesn't really exist

1389

00:55:54,569 --> 00:55:52,960

it's just an imaginary agreement that we

1390

00:55:56,430 --> 00:55:54,579

make with ourselves that I am this

1391

00:55:58,289 --> 00:55:56,440

person and I'm going to put value on

1392

00:56:00,510 --> 00:55:58,299

these thoughts beliefs and ideas and so

1393

00:56:02,819 --> 00:56:00,520

money is the same way and that's what

1394

00:56:04,620 --> 00:56:02,829

our society is built on and kind of in

1395

00:56:06,480 --> 00:56:04,630

the sense that look I still need to use

1396

00:56:07,770 --> 00:56:06,490

my ego and I'm out interacting with

1397

00:56:10,140 --> 00:56:07,780

other people or else I will tend to

1398

00:56:12,840 --> 00:56:10,150

freak them out or you know who knows

1399

00:56:15,240 --> 00:56:12,850

what else might happen

1400

00:56:17,490 --> 00:56:15,250

we still need to work you know that

1401

00:56:19,830 --> 00:56:17,500

that's still a reality of mine I need to

1402

00:56:21,600 --> 00:56:19,840

work I've just got downsized at the

1403

00:56:24,570 --> 00:56:21,610

University where I work so adjunct

1404

00:56:25,890 --> 00:56:24,580

professors they're taking classes away

1405

00:56:27,360 --> 00:56:25,900

from us so that they don't have to pay

1406

00:56:29,070 --> 00:56:27,370

us health insurance so now instead

1407

00:56:30,810 --> 00:56:29,080

instead of teaching three classes a term

1408

00:56:34,650 --> 00:56:30,820

I'm only teaching one I mean this is

1409

00:56:37,080 --> 00:56:34,660

just a priority but within that you can

1410

00:56:39,630 --> 00:56:37,090

still be yourself this is the lesson

1411

00:56:41,760 --> 00:56:39,640

that I've learned is you can always be

1412

00:56:44,310 --> 00:56:41,770

yourself you can always choose to be

1413

00:56:45,690 --> 00:56:44,320

authentic to yourself and sometimes that

1414

00:56:49,620 --> 00:56:45,700

means that there might be consequences

1415

00:56:52,620 --> 00:56:49,630

for that but as long as you're being

1416

00:56:55,080 --> 00:56:52,630

yourself you will still feel good about

1417

00:56:57,510 --> 00:56:55,090

yourself and about your reality because

1418

00:56:59,520 --> 00:56:57,520

you will know that even though other

1419

00:57:02,040 --> 00:56:59,530

people are confused and so they're

1420

00:57:04,890 --> 00:57:02,050

bringing all kinds of harshness into

1421

00:57:06,780 --> 00:57:04,900

your reality at least you've done what

1422

00:57:08,250 --> 00:57:06,790

you can to be yourself and so it's

1423

00:57:09,750 --> 00:57:08,260

always about trusting that you can

1424

00:57:13,020 --> 00:57:09,760

express yourself and you can be yourself

1425

00:57:15,870 --> 00:57:13,030

and not live in fear of well what would

1426

00:57:17,910 --> 00:57:15,880

happen if I did something different but

1427

00:57:21,020 --> 00:57:17,920

also recognizing that you know to some

1428

00:57:24,240 --> 00:57:21,030

extent we have to play the game because

1429

00:57:27,270 --> 00:57:24,250

we society isn't enlightened yet it

1430

00:57:28,770 --> 00:57:27,280

hasn't happened it's it's it's not there

1431

00:57:31,560 --> 00:57:28,780

so we have to live within that reality

1432

00:57:35,280 --> 00:57:31,570

it's about respecting what is actual

1433

00:57:37,920 --> 00:57:35,290

than reality and then choosing to always

1434

00:57:39,300 --> 00:57:37,930

be ourselves within that and in one last

1435

00:57:43,140 --> 00:57:39,310

little bit I would give here is that

1436

00:57:46,070 --> 00:57:43,150

also I'm looking at just the difficult

1437

00:57:48,780 --> 00:57:46,080

church objectory of human history is

1438

00:57:49,290 --> 00:57:48,790

from this point I really look at it as

1439

00:57:51,570 --> 00:57:49,300

well

1440

00:57:53,970 --> 00:57:51,580

human beings have we've actually been in

1441

00:57:56,550 --> 00:57:53,980

an evolutionarily speaking kind of a

1442

00:57:58,620 --> 00:57:56,560

childhood stage and we've really been

1443

00:58:00,060 --> 00:57:58,630

able to use the planet as our playground

1444

00:58:02,130 --> 00:58:00,070

and we've been able to form different

1445

00:58:03,900 --> 00:58:02,140

teams and we're out there playing on the

1446

00:58:06,420 --> 00:58:03,910

playground and some of us are bullies

1447

00:58:08,060 --> 00:58:06,430

and some of us get bullied but

1448

00:58:10,440 --> 00:58:08,070

essentially we've been little kids

1449

00:58:12,300 --> 00:58:10,450

because we haven't understood who we are

1450

00:58:13,980 --> 00:58:12,310

we're out we're all out there playing

1451

00:58:16,050 --> 00:58:13,990

and pretending to be something that

1452

00:58:18,330 --> 00:58:16,060

we're not when the reality is each and

1453

00:58:20,010 --> 00:58:18,340

every one of us is God and it's actually

1454

00:58:21,930 --> 00:58:20,020

about time that we started living up to

1455

00:58:24,000 --> 00:58:21,940

that it's time for human beings to grow

1456

00:58:25,830 --> 00:58:24,010

up and stop playing the [h__\h]

1457

00:58:26,540 --> 00:58:25,840

make-believe games because it's getting

1458

00:58:28,760 --> 00:58:26,550

kind of nasty

1459

00:58:31,400 --> 00:58:28,770

on the playground and we're a bit more

1460

00:58:37,040 --> 00:58:31,410

mature than that now so it's just time

1461

00:58:40,010 --> 00:58:37,050

but that maturing takes time it takes

1462

00:58:43,340 --> 00:58:40,020

people being willing to commit

1463

00:58:44,960 --> 00:58:43,350

themselves to learning who they truly

1464

00:58:47,390 --> 00:58:44,970

are and then living in that reality

1465

00:58:50,210 --> 00:58:47,400

rather than within the illusions it's

1466

00:58:53,210 --> 00:58:50,220

not easy growing up so I have a lot of

1467

00:58:54,950 --> 00:58:53,220

sympathy in that respect but at the same

1468

00:58:56,510 --> 00:58:54,960

time I also recognize that I personally

1469

00:58:57,890 --> 00:58:56,520

have a limited amount of patience

1470

00:58:59,180 --> 00:58:57,900

because I also recognize that I only

1471

00:59:00,890 --> 00:58:59,190

have a limited amount of time in this

1472

00:59:03,410 --> 00:59:00,900

body and from this experience and I

1473

00:59:05,030 --> 00:59:03,420

really would like the planet to get as

1474

00:59:06,980 --> 00:59:05,040

best as it can be in the time period

1475

00:59:09,980 --> 00:59:06,990

that I have so that's why I invest my

1476
00:59:12,800 --> 00:59:09,990
energy in writing books and you know

1477
00:59:15,260 --> 00:59:12,810
speaking on podcasts about how people

1478
00:59:16,790 --> 00:59:15,270
can find clarity because I want to share

1479
00:59:18,890 --> 00:59:16,800
that because these are all just other

1480
00:59:20,990 --> 00:59:18,900
versions of me and I know that I

1481
00:59:22,760 --> 00:59:21,000
appreciate the clarity and if I'd

1482
00:59:24,710 --> 00:59:22,770
appreciate it from here from this body

1483
00:59:26,690 --> 00:59:24,720
from this perspective I can appreciate

1484
00:59:29,300 --> 00:59:26,700
it from those other ones as well so I do

1485
00:59:31,070 --> 00:59:29,310
what I can to spread clarity but

1486
00:59:32,540 --> 00:59:31,080
ultimately it's up to individuals

1487
00:59:34,580 --> 00:59:32,550
everyone's got to do it for themselves

1488
00:59:36,290 --> 00:59:34,590

because there's no Savior out there to

1489

00:59:38,540 --> 00:59:36,300

take care of everyone and hold our hands

1490

00:59:42,680 --> 00:59:38,550

and wipe our ass and blow our nose for

1491

00:59:44,570 --> 00:59:42,690

us we got to do it amen sir

1492

00:59:46,190 --> 00:59:44,580

well hey before we go I want to get to a

1493

00:59:49,130 --> 00:59:46,200

couple of questions that were submitted

1494

00:59:51,800 --> 00:59:49,140

by readers on the higher side chats

1495

00:59:55,130 --> 00:59:51,810

forum and on reddit yeah that's cool

1496

00:59:57,880 --> 00:59:55,140

with you yeah well from the forum Kyle

1497

01:00:01,370 --> 00:59:57,890

says he loves being human number one and

1498

01:00:03,200 --> 01:00:01,380

he has two questions how do we transform

1499

01:00:05,210 --> 01:00:03,210

society to use psychedelics as a

1500

01:00:07,910 --> 01:00:05,220

coming-of-age experience rather than a

1501
01:00:08,930 --> 01:00:07,920
criminal offense and I'll let you answer

1502
01:00:11,390 --> 01:00:08,940
that because the other ones not really

1503
01:00:14,780 --> 01:00:11,400
related okay well I actually put out a

1504
01:00:16,940 --> 01:00:14,790
podcast just last month where for the

1505
01:00:19,010 --> 01:00:16,950
first time on my podcast I spoke about

1506
01:00:20,090 --> 01:00:19,020
marijuana and I did it because a lot of

1507
01:00:21,950 --> 01:00:20,100
people have asked me well what do you

1508
01:00:23,750 --> 01:00:21,960
think about marijuana and I realized I

1509
01:00:25,040 --> 01:00:23,760
never talked about it on the podcast and

1510
01:00:27,140 --> 01:00:25,050
I always kind of felt it was sort of an

1511
01:00:28,700 --> 01:00:27,150
obvious issue but something that came to

1512
01:00:32,180 --> 01:00:28,710
mind and really thinking about it was

1513
01:00:34,760 --> 01:00:32,190

look if there's one issue if there's one

1514

01:00:37,610 --> 01:00:34,770

linchpin issue that actually could turn

1515

01:00:40,240 --> 01:00:37,620

the tide of virtually everything within

1516

01:00:43,329 --> 01:00:40,250

society from politics to

1517

01:00:45,280 --> 01:00:43,339

to incarceration to laws to way we deal

1518

01:00:48,760 --> 01:00:45,290

with youth and education and healthcare

1519

01:00:50,740 --> 01:00:48,770

and economics and fuel and building

1520

01:00:53,500 --> 01:00:50,750

materials and virtually everything else

1521

01:00:56,589 --> 01:00:53,510

that one issue would be pot would be

1522

01:00:58,240 --> 01:00:56,599

marijuana and I think that this is what

1523

01:00:59,410 --> 01:00:58,250

now we're seeing in the United States

1524

01:01:01,650 --> 01:00:59,420

that we're really reaching the tipping

1525

01:01:03,940 --> 01:01:01,660

point where more and more people are

1526

01:01:06,010 --> 01:01:03,950

accepting of marijuana and I would

1527

01:01:09,520 --> 01:01:06,020

classify marijuana as kind of a mild

1528

01:01:12,700 --> 01:01:09,530

infusion so I think that in turning the

1529

01:01:15,190 --> 01:01:12,710

tide of helping to end prohibition on

1530

01:01:18,510 --> 01:01:15,200

marijuana that that actually could be

1531

01:01:22,870 --> 01:01:18,520

the watershed moment that allows the

1532

01:01:26,020 --> 01:01:22,880

re-entry the legitimacy you know the

1533

01:01:29,290 --> 01:01:26,030

above the Gateway if you have re-entry

1534

01:01:30,760 --> 01:01:29,300

of these kinds of medicines back into

1535

01:01:32,079 --> 01:01:30,770

our society and I think that people have

1536

01:01:34,900 --> 01:01:32,089

been chipping away at this for a long

1537

01:01:37,089 --> 01:01:34,910

time with medical marijuana and local

1538

01:01:41,260 --> 01:01:37,099

votes and things like that but I think

1539

01:01:43,180 --> 01:01:41,270

that once that floodgate opens up I

1540

01:01:47,410 --> 01:01:43,190

think that's really where things are

1541

01:01:49,120 --> 01:01:47,420

going to change and at that point then

1542

01:01:52,450 --> 01:01:49,130

we really might be able to talk about

1543

01:01:54,640 --> 01:01:52,460

well how do we introduce these things to

1544

01:01:56,319 --> 01:01:54,650

our youth I mean it's still such I mean

1545

01:01:59,200 --> 01:01:56,329

it's an issue when you raise the issue

1546

01:02:01,000 --> 01:01:59,210

of pot you know the politicians who are

1547

01:02:02,230 --> 01:02:01,010

against it always say oh the children

1548

01:02:04,270 --> 01:02:02,240

the children and that's the only thing

1549

01:02:06,430 --> 01:02:04,280

they really have to say anymore because

1550

01:02:09,490 --> 01:02:06,440

all that all the propaganda has been

1551
01:02:11,050 --> 01:02:09,500
disproven so I think that that would

1552
01:02:13,900 --> 01:02:11,060
then allow us to start having this

1553
01:02:15,970 --> 01:02:13,910
discussion at a more culture wide level

1554
01:02:17,290 --> 01:02:15,980
and I think people are getting ready for

1555
01:02:21,040 --> 01:02:17,300
it but I think if we could break that

1556
01:02:23,319 --> 01:02:21,050
issue with marijuana that that that's

1557
01:02:27,910 --> 01:02:23,329
the one to focus on so that's my brief

1558
01:02:29,559 --> 01:02:27,920
answer to that but um his other question

1559
01:02:31,630 --> 01:02:29,569
I think I kind of know what you're going

1560
01:02:34,059 --> 01:02:31,640
to say but uh do you think there are

1561
01:02:37,140 --> 01:02:34,069
other types of life or beans that are

1562
01:02:40,480 --> 01:02:37,150
connected to us beyond the five senses

1563
01:02:42,160 --> 01:02:40,490

no no I mean it'd be great if there were

1564

01:02:45,700 --> 01:02:42,170

I really think it would be greater they

1565

01:02:47,859 --> 01:02:45,710

could be really interesting but um no no

1566

01:02:49,780 --> 01:02:47,869

it's essentially and I guess also when I

1567

01:02:52,079 --> 01:02:49,790

would say beyond the five senses you

1568

01:02:53,900 --> 01:02:52,089

know I would want to mention it

1569

01:02:56,890 --> 01:02:53,910

physiologically your heart

1570

01:02:58,880 --> 01:02:56,900

a very large electromagnetic field and

1571

01:03:01,100 --> 01:02:58,890

it's important for people to actually

1572

01:03:02,510 --> 01:03:01,110

understand that their heart is in many

1573

01:03:06,140 --> 01:03:02,520

respects an extremely sophisticated

1574

01:03:08,210 --> 01:03:06,150

sense organ okay so we talked about we

1575

01:03:10,160 --> 01:03:08,220

gather touch and you have smell and

1576

01:03:11,540 --> 01:03:10,170

sight and hearing and taste and all

1577

01:03:14,240 --> 01:03:11,550

these things when we talk about the five

1578

01:03:15,590 --> 01:03:14,250

senses and when sometimes people want to

1579

01:03:17,060 --> 01:03:15,600

talk about the third eye or something

1580

01:03:18,830 --> 01:03:17,070

like that I just like to call that the

1581

01:03:21,500 --> 01:03:18,840

divine imagination as I write about

1582

01:03:26,090 --> 01:03:21,510

being human but the heart actually is a

1583

01:03:29,900 --> 01:03:26,100

sense organ and look actually since

1584

01:03:32,510 --> 01:03:29,910

we're all one being when the energy of

1585

01:03:34,520 --> 01:03:32,520

the ego drops the heart energy between

1586

01:03:36,350 --> 01:03:34,530

two different physical beings can

1587

01:03:38,720 --> 01:03:36,360

completely coincide with each other and

1588

01:03:40,130 --> 01:03:38,730

they experience themselves as looking at

1589

01:03:41,630 --> 01:03:40,140

each other in a mirror and it's really

1590

01:03:43,310 --> 01:03:41,640

quite beautiful and quite profound

1591

01:03:46,520 --> 01:03:43,320

so in that sense we certainly can

1592

01:03:49,670 --> 01:03:46,530

connect through ways that aren't just

1593

01:03:51,800 --> 01:03:49,680

our visual senses our physical senses

1594

01:03:54,070 --> 01:03:51,810

that we have this energetic field of the

1595

01:03:56,330 --> 01:03:54,080

heart which is very very powerful and

1596

01:03:59,210 --> 01:03:56,340

influences every aspect of our

1597

01:04:01,580 --> 01:03:59,220

experience but in terms of inner psychic

1598

01:04:04,700 --> 01:04:01,590

space and things like that no it's it's

1599

01:04:06,590 --> 01:04:04,710

all you and it can be so convincingly

1600

01:04:09,830 --> 01:04:06,600

other I mean that's the really fun part

1601
01:04:12,650 --> 01:04:09,840
about it that it can seem like wow

1602
01:04:15,410 --> 01:04:12,660
there's there's some insect alien here

1603
01:04:17,480 --> 01:04:15,420
looking at me what the machine elves and

1604
01:04:20,360 --> 01:04:17,490
what I mean I've seen this stuff I know

1605
01:04:21,950 --> 01:04:20,370
it's there but it's almost like this

1606
01:04:23,840 --> 01:04:21,960
joke where suddenly you realize oh my

1607
01:04:25,940 --> 01:04:23,850
god that's me I'm just looking in a

1608
01:04:29,390 --> 01:04:25,950
mirror I've created this image in the

1609
01:04:31,100 --> 01:04:29,400
mirror and it's and it's me it's one way

1610
01:04:32,330 --> 01:04:31,110
I describe it is like imagine you're at

1611
01:04:34,220 --> 01:04:32,340
a puppet show and you're watching this

1612
01:04:35,720 --> 01:04:34,230
puppet show and you're having a great

1613
01:04:38,120 --> 01:04:35,730

time you're just engrossed in the puppet

1614

01:04:40,400 --> 01:04:38,130

show but suddenly you realize that the

1615

01:04:43,040 --> 01:04:40,410

puppets are actually sitting on your own

1616

01:04:44,930 --> 01:04:43,050

hands and you're the one acting out the

1617

01:04:46,250 --> 01:04:44,940

show but you thought you were just a

1618

01:04:48,760 --> 01:04:46,260

member of the audience and that's

1619

01:04:52,430 --> 01:04:48,770

essentially what's going on there um

1620

01:04:54,890 --> 01:04:52,440

right on okay Kari from the THC forms as

1621

01:04:57,170 --> 01:04:54,900

well she asks regarding the Occupy

1622

01:04:59,330 --> 01:04:57,180

movement and other uprisings around the

1623

01:05:01,370 --> 01:04:59,340

world what's your advice to people who

1624

01:05:03,110 --> 01:05:01,380

dissent against oppressive governments

1625

01:05:04,610 --> 01:05:03,120

and do you think this awakening and

1626

01:05:07,460 --> 01:05:04,620

rebellion are in any shape or form

1627

01:05:12,980 --> 01:05:07,470

related to the idea of 2012 and

1628

01:05:15,050 --> 01:05:12,990

new age of evolution um no I dare I

1629

01:05:17,599 --> 01:05:15,060

think I think the whole 2012 thing is a

1630

01:05:20,030 --> 01:05:17,609

lot of smoke and mirrors so first of all

1631

01:05:21,859 --> 01:05:20,040

I would just radically dismiss that I

1632

01:05:23,150 --> 01:05:21,869

think the Occupy movement I think it's

1633

01:05:25,099 --> 01:05:23,160

really important I think it's really

1634

01:05:29,510 --> 01:05:25,109

powerful because essentially what's

1635

01:05:31,010 --> 01:05:29,520

happening there is unfortunately it kind

1636

01:05:32,390 --> 01:05:31,020

of takes this that we need to reach the

1637

01:05:34,099 --> 01:05:32,400

breaking point where things get bad

1638

01:05:35,960 --> 01:05:34,109

enough that people actually decide oh

1639

01:05:37,250 --> 01:05:35,970

[h__h] it I'm not going to take it anymore

1640

01:05:38,390 --> 01:05:37,260

I'm going to do something about it and

1641

01:05:40,280 --> 01:05:38,400

so that's kind of the point that we're

1642

01:05:42,740 --> 01:05:40,290

reaching and so in that sense I'm very

1643

01:05:44,830 --> 01:05:42,750

excited about it and I think that it's

1644

01:05:47,900 --> 01:05:44,840

an incredibly important thing that

1645

01:05:49,730 --> 01:05:47,910

people take action I mean that's all

1646

01:05:52,400 --> 01:05:49,740

about being true to your energy if you

1647

01:05:54,560 --> 01:05:52,410

see something if you feel something act

1648

01:05:56,540 --> 01:05:54,570

on I don't just sit around and I run

1649

01:05:58,670 --> 01:05:56,550

somebody else gonna do it or you know

1650

01:06:00,710 --> 01:05:58,680

why won't things just get better you

1651
01:06:05,390 --> 01:06:00,720
know it doesn't work that way but within

1652
01:06:08,000 --> 01:06:05,400
that I would also urge people to is move

1653
01:06:09,950 --> 01:06:08,010
as deep as the frustration may become

1654
01:06:12,109 --> 01:06:09,960
and especially when we see the haves

1655
01:06:14,750 --> 01:06:12,119
versus the have-nots and you know we see

1656
01:06:16,790 --> 01:06:14,760
the fat cats up there in their balconies

1657
01:06:18,560 --> 01:06:16,800
ship sipping champagne and smoking

1658
01:06:20,960 --> 01:06:18,570
cigars and laughing at the protesters

1659
01:06:23,480 --> 01:06:20,970
that hits it's hot it's really easy to

1660
01:06:26,480 --> 01:06:23,490
get into dualistic opposition's of it's

1661
01:06:28,480 --> 01:06:26,490
us versus them and it's just important

1662
01:06:32,180 --> 01:06:28,490
to always remember hey we're all one

1663
01:06:34,040 --> 01:06:32,190

literally we're all one being and that

1664

01:06:35,750 --> 01:06:34,050

person sitting up there drinking the

1665

01:06:39,410 --> 01:06:35,760

champagne and laughing at the protesters

1666

01:06:42,320 --> 01:06:39,420

that's you too that's actually you so

1667

01:06:44,780 --> 01:06:42,330

just keep that in mind in terms of how

1668

01:06:47,630 --> 01:06:44,790

you direct your passions and how you let

1669

01:06:50,270 --> 01:06:47,640

your thoughts shape around the issues

1670

01:06:53,770 --> 01:06:50,280

because dividing is never going to do

1671

01:06:56,420 --> 01:06:53,780

anything it needs to be the recognition

1672

01:07:00,980 --> 01:06:56,430

look what we really want to share what

1673

01:07:04,730 --> 01:07:00,990

the 1% is hey you know were we really

1674

01:07:07,520 --> 01:07:04,740

are all one so do we really need to have

1675

01:07:08,960 --> 01:07:07,530

this radical social stratification do we

1676

01:07:10,790 --> 01:07:08,970

need to have the dominators and the

1677

01:07:13,640 --> 01:07:10,800

Dominator do we need to have the

1678

01:07:14,900 --> 01:07:13,650

manipulators and the manipulated you

1679

01:07:16,730 --> 01:07:14,910

know why are we creating these

1680

01:07:18,560 --> 01:07:16,740

relationships because you know it

1681

01:07:19,880 --> 01:07:18,570

affects them too that's the thing is

1682

01:07:21,310 --> 01:07:19,890

there's no such thing as a one-way

1683

01:07:24,230 --> 01:07:21,320

street

1684

01:07:25,940 --> 01:07:24,240

given the disparities within society and

1685

01:07:28,820 --> 01:07:25,950

the suffering that it causes at the

1686

01:07:30,470 --> 01:07:28,830

lower financial end of the spectrum well

1687

01:07:34,790 --> 01:07:30,480

those people on the top end of the

1688

01:07:36,950 --> 01:07:34,800

spectrum they're afraid they've got all

1689

01:07:39,230 --> 01:07:36,960

kinds of fear and all kinds of

1690

01:07:41,540 --> 01:07:39,240

unhappiness and all kinds of their own

1691

01:07:45,110 --> 01:07:41,550

ego confusion so actually we can be

1692

01:07:47,360 --> 01:07:45,120

compassionate for them and so I would

1693

01:07:49,040 --> 01:07:47,370

just always urge you know I used to be

1694

01:07:50,540 --> 01:07:49,050

so passionate about so many social

1695

01:07:52,820 --> 01:07:50,550

issues I used to go door-to-door and

1696

01:07:54,290 --> 01:07:52,830

raising money and signing petitions and

1697

01:07:57,050 --> 01:07:54,300

writing letters and making phone calls

1698

01:07:59,270 --> 01:07:57,060

and you know now I've really focused on

1699

01:08:01,670 --> 01:07:59,280

how do I help individual people because

1700

01:08:03,530 --> 01:08:01,680

that's where I see the most effective

1701

01:08:05,840 --> 01:08:03,540

means of making real change because the

1702

01:08:09,170 --> 01:08:05,850

danger of engaging in society and trying

1703

01:08:11,180 --> 01:08:09,180

to affect change that way is that just

1704

01:08:12,350 --> 01:08:11,190

new ego patterns take over and they

1705

01:08:13,760 --> 01:08:12,360

might be better for a while but

1706

01:08:16,220 --> 01:08:13,770

ultimately as long as we're dealing with

1707

01:08:17,570 --> 01:08:16,230

the ego we're dealing with illusions and

1708

01:08:20,630 --> 01:08:17,580

so there's always going to be a sense of

1709

01:08:23,990 --> 01:08:20,640

dissatisfaction and a less than optimal

1710

01:08:26,000 --> 01:08:24,000

result from that and so that's again why

1711

01:08:28,130 --> 01:08:26,010

the clarity the personal individual

1712

01:08:29,690 --> 01:08:28,140

clarity becomes so important so that we

1713

01:08:31,970 --> 01:08:29,700

don't keep making the same kinds of

1714

01:08:35,329 --> 01:08:31,980

mistakes and putting out the same kinds

1715

01:08:38,650 --> 01:08:35,339

of projections but overall I would just

1716

01:08:40,610 --> 01:08:38,660

say good luck to all the protesters

1717

01:08:45,460 --> 01:08:40,620

always keep it real

1718

01:08:48,950 --> 01:08:45,470

and yes act on what you feel and

1719

01:08:51,200 --> 01:08:48,960

especially especially when it's so

1720

01:08:52,849 --> 01:08:51,210

tempting to get mad and angry get in

1721

01:08:54,710 --> 01:08:52,859

touch with your heart don't it's not

1722

01:08:56,750 --> 01:08:54,720

about what you think it's about what you

1723

01:08:58,730 --> 01:08:56,760

feel so get in touch with what you feel

1724

01:09:00,200 --> 01:08:58,740

and then act from that place and as long

1725

01:09:02,540 --> 01:09:00,210

as you're doing that you're doing the

1726

01:09:04,940 --> 01:09:02,550

right thing nice um

1727

01:09:09,470 --> 01:09:04,950

you got time for two more sure all right

1728

01:09:11,540 --> 01:09:09,480

from reddit user Frank 769 asks what

1729

01:09:13,670 --> 01:09:11,550

contributes to the social stigma against

1730

01:09:17,000 --> 01:09:13,680

psychedelics in society and in what way

1731

01:09:19,160 --> 01:09:17,010

does said stigma benefit corporations

1732

01:09:21,950 --> 01:09:19,170

government and established religion okay

1733

01:09:24,890 --> 01:09:21,960

that's a kind of a big question but for

1734

01:09:27,440 --> 01:09:24,900

one overall largest society does not

1735

01:09:29,750 --> 01:09:27,450

understand psychedelics okay most

1736

01:09:31,849 --> 01:09:29,760

cultures around the world historically

1737

01:09:33,650 --> 01:09:31,859

don't understand psychedelics and even

1738

01:09:35,269 --> 01:09:33,660

in cultures where psychedelics have been

1739

01:09:40,430 --> 01:09:35,279

used

1740

01:09:42,200 --> 01:09:40,440

an elite group within that society so

1741

01:09:44,809 --> 01:09:42,210

maybe the society at large doesn't even

1742

01:09:46,249 --> 01:09:44,819

really know about that now there of

1743

01:09:48,049 --> 01:09:46,259

course there are many exceptions to that

1744

01:09:50,990 --> 01:09:48,059

especially in Central and South America

1745

01:09:55,069 --> 01:09:51,000

but like look for example in Hinduism

1746

01:09:57,109 --> 01:09:55,079

most Hindus would say that psychedelics

1747

01:09:58,729 --> 01:09:57,119

have nothing whatsoever to do with their

1748

01:10:01,129 --> 01:09:58,739

religion and they would look at that as

1749

01:10:04,399 --> 01:10:01,139

something strange and as something

1750

01:10:06,709 --> 01:10:04,409

unacceptable but there are members in

1751

01:10:07,549 --> 01:10:06,719

the Hindu tradition particularly

1752

01:10:09,529 --> 01:10:07,559

shaivites

1753

01:10:12,080 --> 01:10:09,539

who spent a great deal of time smoking

1754

01:10:13,850 --> 01:10:12,090

pot and eating mushrooms and doing

1755

01:10:15,649 --> 01:10:13,860

things like that but even within their

1756

01:10:20,450 --> 01:10:15,659

own culture and society they're not well

1757

01:10:23,359 --> 01:10:20,460

understood so historically just there

1758

01:10:25,490 --> 01:10:23,369

hasn't been widespread knowledge of what

1759

01:10:28,220 --> 01:10:25,500

these things really are and what they

1760

01:10:30,379 --> 01:10:28,230

really do so there's a lot of fear

1761

01:10:33,229 --> 01:10:30,389

because it's very clear to everyone that

1762

01:10:35,330 --> 01:10:33,239

they have very very powerful effects but

1763

01:10:36,890 --> 01:10:35,340

since then it's not understood that

1764

01:10:41,359 --> 01:10:36,900

there's a lot of fear and there's a lot

1765

01:10:42,709 --> 01:10:41,369

of misunderstanding they're also you

1766

01:10:45,620 --> 01:10:42,719

know just in terms of our own

1767

01:10:47,689 --> 01:10:45,630

contemporary modern society our modern

1768

01:10:51,580 --> 01:10:47,699

society would much prefer people to

1769

01:10:55,029 --> 01:10:51,590

drink alcohol and to become numb egos

1770

01:10:58,819 --> 01:10:55,039

then it would prefer people to become

1771

01:11:00,979 --> 01:10:58,829

truly awake and aware because that

1772

01:11:02,779 --> 01:11:00,989

serves the power structures within our

1773

01:11:04,430 --> 01:11:02,789

society better and it's not necessarily

1774

01:11:07,790 --> 01:11:04,440

even a conscious choice that people are

1775

01:11:09,649 --> 01:11:07,800

making it's it's just the way that it is

1776

01:11:13,609 --> 01:11:09,659

that are the current structures of

1777

01:11:15,589 --> 01:11:13,619

society are not served by people working

1778

01:11:17,299 --> 01:11:15,599

with psychedelics and entheogen --zz and

1779

01:11:18,770 --> 01:11:17,309

of course for those of us who do we say

1780

01:11:20,870 --> 01:11:18,780

well well yeah that's because we

1781

01:11:22,759 --> 01:11:20,880

actually can see how life can be a lot

1782

01:11:26,299 --> 01:11:22,769

better that we can change a lot of the

1783

01:11:29,810 --> 01:11:26,309

ways that we do things but there's the

1784

01:11:31,939 --> 01:11:29,820

ego is always resistant to change the

1785

01:11:33,799 --> 01:11:31,949

ego is always more comfortable with

1786

01:11:36,819 --> 01:11:33,809

things that it thinks it knows versus

1787

01:11:38,839 --> 01:11:36,829

things that thinks it doesn't know so

1788

01:11:40,819 --> 01:11:38,849

psychedelics infusions they're just

1789

01:11:42,470 --> 01:11:40,829

they're a great big fear out there and

1790

01:11:45,109 --> 01:11:42,480

of course the way that the ego works is

1791

01:11:47,930 --> 01:11:45,119

that it projects everything on to what

1792

01:11:52,000 --> 01:11:47,940

it fears and so there's

1793

01:11:54,740 --> 01:11:52,010

there's a great deal of illusion between

1794

01:11:56,930 --> 01:11:54,750

reality and the way that mainstream

1795

01:11:58,370 --> 01:11:56,940

society really looks at psychedelics I

1796

01:12:00,380 --> 01:11:58,380

think that the fact that now there's a

1797

01:12:01,850 --> 01:12:00,390

resurgent and psychedelic research I

1798

01:12:05,570 --> 01:12:01,860

think that that is really going to help

1799

01:12:07,070 --> 01:12:05,580

change a lot of attitudes and you know

1800

01:12:08,630 --> 01:12:07,080

things like doing this podcast because

1801
01:12:12,020 --> 01:12:08,640
the more that people hear about these

1802
01:12:13,430 --> 01:12:12,030
things and and realize that maybe it's

1803
01:12:14,900 --> 01:12:13,440
not all the fruit food stuff they

1804
01:12:16,460 --> 01:12:14,910
thought it was and maybe it's not all

1805
01:12:17,600 --> 01:12:16,470
the crazy stuff they thought it was -

1806
01:12:20,090 --> 01:12:17,610
maybe there's some really really

1807
01:12:22,190 --> 01:12:20,100
profound and powerful things here I mean

1808
01:12:24,740 --> 01:12:22,200
we can see that it helps people with all

1809
01:12:29,720 --> 01:12:24,750
kinds of mental issues and emotional

1810
01:12:31,370 --> 01:12:29,730
issues and psychological issues there

1811
01:12:34,520 --> 01:12:31,380
again I do think that the tide is

1812
01:12:37,400 --> 01:12:34,530
turning but it takes people being

1813
01:12:38,630 --> 01:12:37,410

willing to talk about it openly and

1814

01:12:40,340 --> 01:12:38,640

discuss it because as long as it's just

1815

01:12:42,740 --> 01:12:40,350

underground then it's more just secret

1816

01:12:45,020 --> 01:12:42,750

society countercultural stuff and you

1817

01:12:46,400 --> 01:12:45,030

know it can kind of burn out or whatever

1818

01:12:49,880 --> 01:12:46,410

it's time to bring it out into the open

1819

01:12:54,380 --> 01:12:49,890

let's talk about it here yeah alright

1820

01:12:55,760 --> 01:12:54,390

lastly this reddit pimp dole Durer he

1821

01:12:56,810 --> 01:12:55,770

wants to know well he wants to know if

1822

01:12:59,180 --> 01:12:56,820

you're familiar with Rick Strassman

1823

01:13:01,880 --> 01:12:59,190

hypothesis on DMT which of course I know

1824

01:13:03,530 --> 01:13:01,890

you are that said what's your take on

1825

01:13:07,220 --> 01:13:03,540

the pineal gland and its usefulness

1826

01:13:10,060 --> 01:13:07,230

considering your philosophy ah yeah this

1827

01:13:13,430 --> 01:13:10,070

is an important one um Rick Strassman

1828

01:13:16,520 --> 01:13:13,440

clearly stated in his research in no

1829

01:13:21,110 --> 01:13:16,530

uncertain terms that he hypothesized

1830

01:13:23,210 --> 01:13:21,120

that the pineal gland is related to the

1831

01:13:25,520 --> 01:13:23,220

production of endogenous DMT in the body

1832

01:13:29,000 --> 01:13:25,530

and he's also very clear in stating that

1833

01:13:32,810 --> 01:13:29,010

who has knowledge there is no such

1834

01:13:35,150 --> 01:13:32,820

evidence yet available so that is pure

1835

01:13:36,740 --> 01:13:35,160

speculation it might be true but the

1836

01:13:39,110 --> 01:13:36,750

just the only thing that we need to

1837

01:13:40,550 --> 01:13:39,120

recognize at this point is that no one

1838

01:13:42,530 --> 01:13:40,560

has shown a connection between the

1839

01:13:44,810 --> 01:13:42,540

pineal gland and DMT so anything that

1840

01:13:47,180 --> 01:13:44,820

anyone ever says about that is pure

1841

01:13:49,010 --> 01:13:47,190

speculation and from any kind of

1842

01:13:51,560 --> 01:13:49,020

scientific standpoint we don't have any

1843

01:13:53,990 --> 01:13:51,570

idea so that's my quick answer to that

1844

01:13:56,140 --> 01:13:54,000

one audible muttering yeah and that's

1845

01:13:58,730 --> 01:13:56,150

fair but have you ever looked into the

1846

01:14:00,590 --> 01:13:58,740

symbolism of the pinecone in the

1847

01:14:01,790 --> 01:14:00,600

Catholic Church and various secret

1848

01:14:05,330 --> 01:14:01,800

societies

1849

01:14:07,310 --> 01:14:05,340

leading that to the pineal noive I'm a

1850

01:14:09,260 --> 01:14:07,320

little bit familiar with that I mean

1851

01:14:10,430 --> 01:14:09,270

honestly at this point so this is the

1852

01:14:13,400 --> 01:14:10,440

kind of thing that I used to spend a lot

1853

01:14:16,070 --> 01:14:13,410

of time really digging into um and I

1854

01:14:17,330 --> 01:14:16,080

simply don't anymore um you know people

1855

01:14:19,010 --> 01:14:17,340

ask me like Oh what are you reading

1856

01:14:22,250 --> 01:14:19,020

these days well I'm reading Stephen King

1857

01:14:24,590 --> 01:14:22,260

uh you know i-i've actually reached the

1858

01:14:26,660 --> 01:14:24,600

point where all I really I'm interested

1859

01:14:29,180 --> 01:14:26,670

in is know I do research for the classes

1860

01:14:30,920 --> 01:14:29,190

that I teach you know like I'm teaching

1861

01:14:32,420 --> 01:14:30,930

a class on Tibetan Buddhism right now so

1862

01:14:34,760 --> 01:14:32,430

I got a you know brush up on my Tibetan

1863

01:14:37,370 --> 01:14:34,770

Buddhism and look at all that stuff but

1864

01:14:39,680 --> 01:14:37,380

in terms of looking at ancient societies

1865

01:14:41,210 --> 01:14:39,690

and cultures and mystical systems I mean

1866

01:14:42,890 --> 01:14:41,220

I did all that I was a graduate student

1867

01:14:44,480 --> 01:14:42,900

for many years I read hundreds and

1868

01:14:46,040 --> 01:14:44,490

hundreds and hundreds of pages and books

1869

01:14:49,250 --> 01:14:46,050

and books and books and all kinds of

1870

01:14:50,750 --> 01:14:49,260

stuff and now I just want to read a good

1871

01:14:55,670 --> 01:14:50,760

story that's really all I'm interested

1872

01:14:57,740 --> 01:14:55,680

in right on Walmart in my man um this

1873

01:14:59,690 --> 01:14:57,750

has been pretty much the highlight of my

1874

01:15:02,030 --> 01:14:59,700

goddamn week and I feel way better about

1875

01:15:04,130 --> 01:15:02,040

going deep with DMT trying to overcome

1876

01:15:05,660 --> 01:15:04,140

my ego to truly experience reality

1877

01:15:06,290 --> 01:15:05,670

beyond the illusion of duality and

1878

01:15:09,770 --> 01:15:06,300

separateness

1879

01:15:12,530 --> 01:15:09,780

so thank well there you go rock on um

1880

01:15:14,900 --> 01:15:12,540

where can people get your books and keep

1881

01:15:17,150 --> 01:15:14,910

up with your work and what you're up to

1882

01:15:19,580 --> 01:15:17,160

well the most central location in

1883

01:15:22,190 --> 01:15:19,590

cyberspace would be just martin ball

1884

01:15:23,840 --> 01:15:22,200

dotnet and that's where i have you know

1885

01:15:25,550 --> 01:15:23,850

i'm also a musician so i've got all my

1886

01:15:27,920 --> 01:15:25,560

music there i've got I have fiction

1887

01:15:29,450 --> 01:15:27,930

books and I have nonfiction books and

1888

01:15:32,060 --> 01:15:29,460

books about entheogen and I got all that

1889

01:15:33,950 --> 01:15:32,070

there and beyond that my music is

1890

01:15:36,110 --> 01:15:33,960

available on iTunes my books are

1891

01:15:38,510 --> 01:15:36,120

available on Amazon and at the iBook

1892

01:15:40,130 --> 01:15:38,520

store so they're fairly easy to find the

1893

01:15:42,440 --> 01:15:40,140

only caution that I put out there is

1894

01:15:44,660 --> 01:15:42,450

that there's a guy on Amazon also called

1895

01:15:45,440 --> 01:15:44,670

Martin no not on Amazon iTunes called

1896

01:15:47,150 --> 01:15:45,450

Martin bull Oh

1897

01:15:48,920 --> 01:15:47,160

Shem who's got some music out there

1898

01:15:51,170 --> 01:15:48,930

that's all like Christian worship praise

1899

01:15:53,930 --> 01:15:51,180

stuff and that's not me do not get

1900

01:15:55,940 --> 01:15:53,940

confused yeah and there's also a Merton

1901

01:15:57,080 --> 01:15:55,950

ball who like does Welsh phonetics or

1902

01:15:59,390 --> 01:15:57,090

something like that as an author and

1903

01:16:00,980 --> 01:15:59,400

well that that's not me so I just look

1904

01:16:04,310 --> 01:16:00,990

for the books on entheogen in the world

1905

01:16:06,290 --> 01:16:04,320

that that's me right on well thanks

1906

01:16:07,250 --> 01:16:06,300

again man this has been awesome I really

1907

01:16:08,570 --> 01:16:07,260

appreciate it

1908

01:16:10,220 --> 01:16:08,580

well I really enjoyed speaking with you

1909

01:16:12,440 --> 01:16:10,230

and great questions I appreciate it all

1910

01:16:13,860 --> 01:16:12,450

right man enjoy your night alright

1911

01:16:15,690 --> 01:16:13,870

cheerio

1912

01:16:17,100 --> 01:16:15,700

that is the show people thanks for

1913

01:16:18,990 --> 01:16:17,110

listening if you like to get involved in

1914

01:16:20,550 --> 01:16:19,000

the conversation please please please

1915

01:16:23,160 --> 01:16:20,560

check out the forums at the higher side

1916

01:16:24,900 --> 01:16:23,170

chess comm you can request guests there

1917

01:16:26,760 --> 01:16:24,910

and pose questions to future guess I'm

1918

01:16:28,050 --> 01:16:26,770

going to have on the podcast also please

1919

01:16:29,880 --> 01:16:28,060

check out the designs the new

1920

01:16:32,850 --> 01:16:29,890

counterculture t-shirt company can

1921

01:16:34,110 --> 01:16:32,860

spirit ease at conspiracies net it's

1922

01:16:35,520 --> 01:16:34,120

been a slow start and would really

1923

01:16:37,410 --> 01:16:35,530

appreciate your business you can

1924

01:16:41,370 --> 01:16:37,420

actually put in the coupon code higher